

Cabalis Notes on the Aura 1/5

Per diagram next page

- Spirituality has nothing to do with cleverness
- Signs of the aura developing are the two fold ability to live in both the spiritual and the physical world
- The body transfers energy to the etheric body aura. This is aging. If you develop in the aura correctly, your etheric body becomes more and more real.
- As the body ages it has less meaning less importance.
- Breathing helps the building of the etheric in the 1234 pause out 1234 pause etc
- [Diagram shows the etheric body in the aura shell/egg. The influence of light and earth being received by the aura.

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