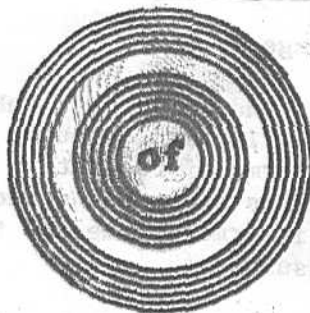


# Revelations



# Awareness

Cosmic Awareness Communications  
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#77-2

(PSYCHIC STORMS)

CONCERNING THE INTENSITIES OCCURRING

(Excerpt from CAC trance Reading Dec. 9, 1976 Paul Shockley Interpreter)

A. This Awareness indicates the actions in relation to the changes which are occurring at this time will relate closely with levels of relationship between entities and their ability to respond to one another's feelings. This Awareness suggests that entities involved in relationships with one-another to become sensitive to those deeper feelings of each other which may be going through certain changes at this time due to various complexities in the atmosphere of consciousness.

This Awareness suggests that the intensities of the present time are likened unto those levels between two great forces: between the sleep state and the awakening state. That there are certain programmings of old which are coming into contact with new ways, new vibrations, new concepts, and these do create certain turmoils in consciousness. This Awareness indicates this as likened unto the psychic storm mentioned in a previous reading. This Awareness suggests that you understand each entity upon this plane is moving through this experience and is experiencing this psychic storm. That in this period, which shall be somewhat intense for approximately six months, communication, sensitivity, and the ability to feel what each other is experiencing shall be essential in assisting one another through these times with greater ease.

CONCERNING REVEREND MOON, RALPH DUBY  
AND THE CIA MANIPULATIONS.

Q. I would like to ask Awareness about these spiritual groups that are financed and I believe, hypnotized on some level by the money changers. Three women I know are involved in such and I believe they are being held in some level of mind control that is not understood. I would like to know how we may help them to break this control and what action, if any, we may undertake to dissipate this force and help these entities to see their situation clearly. The organization in question is Reverend Moon's Unification Church which is information that doesn't need to be released if Awareness doesn't want it to, but I would like to know if the situation is, in fact, one of mind-control and what can be done to overcome this force?

A. This Awareness indicates the Reverend Moon is being used as a tool of the CIA. This Awareness indicates the Reverend Moon presently known, in reality is not the Reverend Moon whom he claims himself to be. This Awareness indicates the original Reverend Moon as now deceased, and this entity as one who took on the name for purposes of bringing about a religious following--a religious order to South Korea, working closely with the government there and the CIA in order to assist in stabilizing the nation through certain religious organizations.

This Awareness indicates this as related unto actions of mind-control through programmings related unto religions. This Awareness wishes entities to understand that the Interpreter, Ralph DUBY, began the studies in depth psychology at Seattle

through funding given by the CIA. The funding led Dr. Duby and another professor into studies of depth psychology which, in turn, brought forth many discoveries relating unto the use of concepts in terms of regulating and moving consciousness and affecting the lives of entities. This Awareness indicates at a certain point Dr. Duby then began discovering that the information he and the other professor were uncovering was that which could be misused.

This Awareness indicates that at this point Dr. Duby also came into contact with this Awareness and began discovering certain levels that brought about a change in his basic motivation.

This Awareness indicates that throughout the period of growth of the Organization of Awareness until the death of Dr. Duby, the CIA sought to discover what he had learned and was not revealing. This Awareness indicates this did cause Dr. Duby some problems.

This Awareness suggests that the information gathered from this and from other sources used by the CIA, then began to be transferred into other areas for other depth psychology researches, and much has been carried on relating unto this since that time. This Awareness indicates the work of the CIA in connection with the entity who refers to himself as "Reverend Moon", as that which was successful in South Korea in bringing about the desired stability, and the experiment then was moved into the United States.

This Awareness indicates the purpose of this entity's action in the United States was primarily designed to bring about a breaking down of the separation of Church and State, whereby Church and State would again merge as was prevalent before the time of Napoleon.

This Awareness indicates that the action of Napoleon in taking the crown from the church and placing this upon his own head, as that which separated Church and State. This Awareness indicates that the effort at present time by certain forces is to bring back a union between Church and State in order to hold greater control over the general population. This Awareness suggests that the action of the Unification movement of Reverend Moon as one of the manipulations designed for bringing this about. This Awareness suggests that the entity himself as but a tool, unwittingly being used without complete understanding of what he is doing. This Awareness indicates this entity does, indeed, believe he is a Messiah. This Awareness indicates this as having been programmed into the entity through a type of hypnosis conditioning.

This Awareness suggests that the awareness of this situation as that which shall unravel the knots; that the situation as such will begin to fall apart, this already having cracks in its armour, and as beginning to fall apart; and during the coming six months changes shall begin which lead to the dissolution of this organization.

CONCERNING ENTITIES WHO SPEAK  
THROUGH CERTAIN TRANCE MEDIUMS

Q. We have a letter from H.C. who writes: "I have a friend in Florida, Rev. M.M. who trances and has a new entity speaking through her. His name is Satoo, and he claims to be from another galaxie and is one of the planters or gardeners of the earth, and that a lot of his kind are descending on the earth right now, looking for channels to speak through to warn the people of the coming earth changes. Would Awareness please comment on this subject"?

A. This Awareness indicates there is a movement of energies upon this plane whereby parallel Universes are coming together, this occurring as the vibrations of this particular plane rise to new levels and meet closer and closer to the vibratory rate of the universes which are moving in opposite directions. This Awareness indicates



this as likened unto the colors magenta and green, which have the same vibratory rate but which move in opposite directions. This Awareness indicates that as the vibratory rate of this planet rises more and more toward the green, there becomes a closer and closer association with the vibratory rates moving in the opposite directions--those associated with magenta.

This Awareness indicates the time as drawing near whereby more and more entities shall see into the other dimension. This Awareness indicates this related unto a reading given previously wherein it was suggested that entities begin to create in their imagination a city which they may later step into as a reality. This Awareness indicates these as related also unto that which this Awareness refers to as the Land of the Magi Nation. This Awareness indicates this being the fourth dimension.

This Awareness suggests that in dealing with levels of imagination, that entities use this force carefully and with great sensitivity and to understand that there are still certain alien forces about, even in those other dimensions which need be understood.

This Awareness suggests that any force, whether in the third dimension or the fourth dimension, which attempts to exclude another, which attempts to violate another, which claims to be of a righteous nature, but asks that you violate another; any force which points the finger and judges and accuses another of being evil, of being wrong, of being out of tune, any force which does this is not in harmony with Universal Laws and forces.

This Awareness suggests there have been certain entities who have committed violations against others, believing that they were instructed to do so by the force of good--by God or by some spirit which was good and had requested that they commit this violation. This Awareness indicates that no force which is in harmony with Universal Law will ask any other entity to commit a violation against another.

This Awareness suggests that if there were a Devil, and the Devil needed to be dealt with in this manner, and if it were appropriate as an action, this Awareness would have long ago violated the rights of such a Devil. This Awareness indicates that this is not the case; that good and evil are but concepts of the mind and these are fading. This Awareness indicates that no entity ever considers himself to be on the side of evil, as a promoter of evil, without feeling that he is justified and right in so doing. This Awareness indicates that very few entities would ever claim to be wrong, and claim to be evil and continue functioning from that level.

This Awareness indicates that entities who violate another with the idea that they are right, that they are righteous and that the other is evil, these entities are misguided and need certain understanding.

This Awareness indicates that in dealing with spirits who speak from other dimensions, that you be very aware that they, too, may have certain fallacies and problems within their psyches; and that they can misuse you if you are not careful, and that there is no excuses for any entity to violate another simply because some spirit directed him or her to do so.

Q. L.M. was here yesterday and he was talking about mediums he is developing, and who are dealing with these new energies; and he indicated that while doing a reading for the Interpreter that he picked up a great need for the Interpreter to find some way to deal with the energies that have been surrounding him. I wanted to ask, what exactly is going on? If there is a new way or a more effective way for the Interpreter to deal with these energies?

A. This Awareness indicates the Interpreter as having an understanding of energies in the general sense; that the Interpreter as being capable of handling whatever energies he is confronted with. This Awareness indicates that the action of LM as

such that there are certain reliances upon spirits; these spirits being those which can be of benefit. This Awareness indicates this as likened unto the reliances upon Guardian Angels for protection and assistance. This Awareness indicates wherein an entity wishes to work with that kind of energy, that this as appropriate for that entity. This Awareness suggests that entities who prefer to move beyond the levels of beings who are between this Awareness and the entity, and who work directly in harmony with this Awareness, these entities may find some difficulty and stress, yet they also understand the nature of consciousness and do not resent or regret that stress.

This Awareness indicates that the action of the entity Jesus was such that he could have appealed to certain angels, to certain spirits between himself and the Father, yet related directly with the Father.

This Awareness indicates that the relationship between the entity Jesus and the Father was such that the entity understood the total experience and found himself upon the cross of crucifixion, suffering in a manner that could have been avoided through other means and other energies. Yet this entity understood also that this physical body was not the important factor, nor was the continuance and maintainance of personal security and well-being his prime motive.

This Awareness indicates that entities who wish to deal with the spirits and forces and Guardian Angels, working in a hierarchy arrangement whereby certain forces serve above to bring forth certain physical gratifications, that this may be done also; that this is not necessarily a better way; that it may bring forth a greater physical gratification and more prosperity in terms of personal gain upon the physical plane for a certain length of time. This Awareness indicates this as but a field of play, and that entities may move beyond that level into other realms.

This Awareness suggests that the Universe itself is your toy and you may play with whatever you wish to enjoy.

This Awareness suggests that when you play, be aware of the games and do not become so carried away with your action that you think yourself to be too important and to feel yourself as being superior to any part. This Awareness suggests that you consider the rights of one another and play your games in a manner that violates no one.

Q. There are still some of these spirits that speak through some of these channels referring to the "hierarchy". It was my understanding that those that refer to the "hierarchy" are still bound up in the cobwebs of Rhyee. Is this correct?

A. This Awareness indicates this as in the affirmative; that the concept of the hierarchy is an action which is structured by the mind which thinks in terms of hierarchy and order. This Awareness indicates that this does still have certain purposes upon this plane; that the dissolving of these forces is such that changes are occurring and entities shall find themselves moving more and more directly to the Source which is here and now within each entity.

This Awareness indicates that entities who look toward one another, who look toward spirits, who look toward Messiahs, who look toward those teachers and Avatars, those Gurus for their enlightenment, for their Source; these entities shall eventually find that they must come right back to "number one" and look within themselves to find that which the Avatars, teachers, spirits and Messiahs have been directing them to.

This Awareness indicates the Kingdom of Heaven is within; that you may have relationship with others outside yourself; you may have relationship with entities from other dimensions and other planes; yet the source of your being lies within yourself; and you can only find the Heavenly Father, the Force of your Spirit, the Source of your Soul by moving inward and accepting yourself as that which is the fruit of the roots of your being.



This Awareness indicates the stream of consciousness flows on. That the water which flows out into the sea, which comes from the mountains, which comes from the Father and flows to the Mother earth; this water is the same that evaporates up and returns to the Source in the mountain and falls. That wherever you are the stream of consciousness is water and is the same, and that wherever you are, you are at the Source so long as you are conscious of your being.

FOR THOSE WHO WONDER IF THE AREA  
THEY LIVE IN WILL BE SAFE

Q. Member SJ of Branson, Mo. sent in one question. He requests a reading as to "how safe the Ozarks are as a region during the coming earth changes; if certain areas of the Ozarks are safer than others, and specifically the Springfield area?"

A. This Awareness indicates this area as safe. This Awareness indicates that the concern about coming earth changes as very little concern to this Awareness, and as creating more stress than is necessary. This Awareness suggests that entities become more concerned about the changes which are occurring in consciousness and in relationship to the powers which are building.

This Awareness suggests that the worry about finding a physically safe place is a reflection of an imbalance within the psyche of entities, and that a greater concern may be placed upon one's psyche, asking "how can I bring my own life into an integrated state with the forces of the Universe?"

This Awareness suggests that security-seeking does not bring about security. That true security comes only through moving into a oneness with the spirit of life, a oneness with the forces of Akasha, a oneness which allows an entity to stand on the "here and now", to stand solidly into the moment, to stand upon the Divine forces of the Universe and to hook one's faith and one's life solidly into that which "is".

CONCERNING FEMALE MASTURBATION  
AND THE "HITE REPORT"

Q. A question from Ms. Shirley D. who is a member. "Dear Awareness. I hope the money enclosed will answer a question I have on masturbation. I am familiar with the traditional prohibitions on this practice. However, lately I have read and heard experts speak of masturbation as a method a woman can use to overcome sexual problems and become more aware of herself. These experts also saying that most men do masturbate, while women feel more reluctant to do so. Could you please expand on this?"

A. This Awareness suggests that the taboos which have been placed upon physical gratification down through the ages are likened unto the taboos which state man must avoid nature.

This Awareness indicates in the past the nature of art was such that landscapes were seldom seen in the classical religious paintings; that only in recent times was there an introduction of a natural look, a landscape, or a face that looked natural in the religious paintings. This Awareness indicates this reflects the nature of consciousness in the past, which assumed that nature was evil and that man and his righteousness was godly and good.

This Awareness indicates at present time consciousness is beginning to realize that there must be an integration between nature and mind, between nature and structures, between nature and civilization, the integration between the entity and the thoughts, the integration between the feelings and the moralities of an entity.

This Awareness suggests that taboos only create walls and fences which must be escaped from; that taboos only intensify difficulties and problems.

This Awareness suggests that you throw away all taboos and morals and simply look at that which is the effect and result of an action, and become sensitive to one another's needs, and become sensitive to your own needs, and become sensitive to the effects of an action as it relates to the rights and feelings of others.

This Awareness suggests that you love one another, that you love yourself, that you not feel hostile or condemnation toward yourself or others; that you not feel hostility toward others in terms of their moralities; that you not feel hostility toward yourself in terms of your own moralities and the breaking of these rules.

This Awareness suggests that instead of this hostility and guilt and frustration, that you become sensitive to one another; that you find a place where you can meet and love one another in a manner that allows free expression without violation.

This Awareness suggests that in giving yourself pleasure wherein no other is hurt, there is no violation; that wherein another is harmed by your own pleasure, then there is violation.

This Awareness suggests that wherein another's consciousness is upset by your own pleasure and that other entity, who has moralities of such stringent levels and finds his consciousness or her consciousness upset by your behavior, this may be avoided for the sake of courtesy. Yet if it must be known, then allow for an action which relates and communicates your feelings with that other entity so that you need not sacrifice yourself and the entity does have the opportunity to relate clearly with you.

This Awareness indicates that you are not here to live up to the expectations of others. You are not here to live up to the moralities of others. You are not here to determine what is morally right for everyone else; nor are they here to determine what is morally right for you.

This Awareness suggests that you become sensitive to your own needs; that you become sensitive to the needs of others, and that you be very much aware of the implications of your actions and that you not judge yourself; that you become friends with yourself and that you enjoy yourself.

This Awareness indicates that for some entities masturbation can create difficulties within their psyche; for others there is no problem; that this is purely an individual situation.

Q. While we're on that subject, there is a book going around that's getting a lot of publicity called "The Hite Report", where this lady did a pretty large bit of research with other women, and her conclusions are that it is biologically normal for women not to reach orgasm through intercourse alone, and only pressure by a male-dominated society keeps women from seeing this fact. Intercourse, she writes, was never meant to stimulate women to orgasm; she advises women to masturbate and to find a sexual partner who will give clitoral stimulation. There is no great mystery about why a woman has an orgasm, says Hite: it happens with the right stimulation quickly, pleasurable and reliably. Hite also concludes that orgasms produced by clitoral massage are stronger and more ecstatic than those produced by intercourse--a finding that other sex researchers, including Masters and Johnson support. Would Awareness please comment on the "Hite Report"?

A. This Awareness indicates this information as basically correct; that there is more to the relationship between men and women than the climax. That the relationship with a man does bring forth, to the woman, a kind of ecstasy that lies throughout her entire being, that goes beyond orgasm alone.



This Awareness indicates that the orgasm can also be a part of this action. That many of the problems with the female having orgasm during intercourse are caused by the mores and cultural background of your society, which has preached that women were not intended to enjoy sex, but simply to be a vehicle for man's expression, and that women basically are to exemplify the concept of purity.

This Awareness indicates that this as a cultural engram, a cultural trauma upon the psyche of women, as that which assists in preventing them from having normal orgasm through intercourse.

This Awareness indicates the action of masturbation may assist in helping women to move on through this block, this psychic block in their sexual enjoyment.

HOW TO USE THE 144 LIGHT-PULSE MEDITATION  
TO HELP THOSE WITH DRINKING PROBLEMS

Q. L.J. of Lyndeboro N.H. writes: "Friends, we are getting very fine results with the 144 light-pulse meditation given last mailing. I am going to be teaching meditation to alcoholics and I would like to ask Awareness for advice and blessings."

A. This Awareness suggests that the same meditation may be used for alcoholics. Wherein there is the feeling of a need for a drink, that you ask the alcoholic to begin seeing the light pulsating, coming into his being. This Awareness indicates that the light may be equated with the drink; that it may be used as a substitution for the alcoholic spirit.

This Awareness indicates the use of alcoholic spirits as a substitute for the true light and the true spirit; that wherein an entity can realize this and can begin tuning in to the use of the real true spirit, this shall become a substitute for the entity.

This Awareness suggests that the entity visualize in his hand a glass. That this glass become that which begins pulsating as light. This Awareness suggests that the entity visualize this light pulsating twelve times in this glass, growing stronger with each pulsation. That the entity then visualize himself drinking this light. That this be done in twelve swallows (this being a count up to twenty-four, the twelve pulsations and the twelve swallows.)

This Awareness suggests that then the entity sit in meditative position, feeling the light pulsating in and through his body for remainder of the count to 144. This Awareness suggests that this may be likened unto the quenching of the thirst, and that this being a drink of Cosmic Spirit--the nectar of the Gods. This Awareness indicates this action, being a substitute, may satisfy the subconscious cravings for alcohol, and that this shall assist in the withdrawal period.

This Awareness suggests also that this be done, not simply as a substitute, but as a transition. That music be played; that there be great feeling of joy, peace and harmony connected with this. And that after this has been completed, that the entity be greeted with joyous attitudes and given juice and something to eat. This Awareness suggests the use of fruit juices after the meditation.

CONCERNING THE TREND OF VEGETARIANISM

Q. Sometimes I feel that I am eating more protein, nutrients etc. than I really need. At other times I feel that I am deficient in very important things that my body needs. The question I would like to ask is: Am I eating the proper diet that I should be, and if not, what changes should I make in my eating habits to better suit my body's needs.

This Awareness suggests the most beneficial diet that entities can eat at the present time as those wherein the fresh fruits and vegetables are the main part of the diet.

This Awareness indicates that there are several books on this. This Awareness suggests the works of Paul Bragg, the Fletcher system, and the seven day diet as those which will begin bringing this into clarity. This Awareness suggests that also there are books by Walker. There are many books given and there has been much information given by this Awareness for several years, and nutritional readings given that may supply other information. This information as available in many places.

This Awareness suggests that the general diet of entities is undergoing a very slow and subtle change. That you not worry too much unless this becomes a personal problem of your own. This Awareness indicates during the next few years entities will hear more and more about vegetarian-type diets, and certain other actions will begin to bring this into focus more and more until the general consciousness begins to change and the vegetarian-type diet becomes much easier to move into.

This Awareness indicates within a few years this as that which becomes more than a fad likened unto a general lifestyle.

This Awareness indicates in your case that you pay attention to what you do eat; that you observe the enzymes flowing from the back of your throat as you chew each thing. That in this action you will begin to discern those foods which are best for you. In this action you will begin also to discover more subtle tastes and smells within the foods. That occasionally in closing your eyes while chewing you look to see what color that flavor gives. In beginning to see these foods in terms of colors you will also begin increasing your sense of taste and ingesting more enzymes into those foods. This as likened unto increasing the amount of energy from each particle of food, therefore needing less to eat.

#### HOW LEAKS IN THE AURA CREATE ILLNESS

Q. Please look over the physical body of my husband and tell me what you see.

A. This Awareness indicates there is a weakening in the aura which allows certain forces to enter; that these forces do effect both attitude and emotion and energy levels. This Awareness indicates that this weakening of the aura as that which does tend to create the susceptibility to illnesses.

This Awareness indicates that the intensity of desire as great, whereby the energy to pursue that desire is weak, and the attitude that would allow the situation to have clarity begins shifting and falling into states of depression. This Awareness indicates this affects the physical body in terms of circulation, in terms of weakened energy levels.

This Awareness suggests that this as due in part to the action of over-indulgence in terms of drinking and eating habits. This Awareness indicates that entities understand the nature of many drugs and drinks (as alcohol and caffeine etc.) weakens the aura and allows the forces of oppression to enter into the psyche of individuals.

This Awareness suggests that you understand that wherein you keep your aura clear and strong, your attitudes shall also be of a higher nature, and this allows the blessings of chance, luck and good fortune to enter your life. This Awareness suggests also that you keep your thoughts clear, thinking only the thoughts which are of the highest level, according to the Laws given in the Law of Projection and others; and in this action you shall give yourself greater strength for warding off illnesses and ill situations.