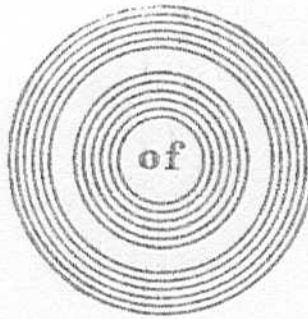


# Revelations

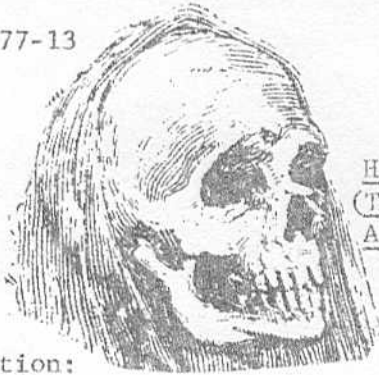


# Awareness

# 77-13

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507



HEROIN, ALCOHOL, NICOTINE, CAFFEINE ETC.  
(THE COSMIC AND PHYSICAL NATURE OF DRUG  
ADDICTION AND HOW TO END THE PROBLEM)

(Paul Shockley, Trance Interpreter)



## Question:

A question from M.B. of New Jersey: "I have been a member of C.A.C. for several months now and I believe literature like yours has been long overdue. I am a drug addict, and have been one for 15 years. My question to Awareness is this: Could an addiction to drugs stem from a previous incarnation, or are addicts prisoners of their own device in this life? I am presently on a methadone maintenance program, trying desperately to kick that habit. Can Awareness advise me and the many others trying to make it how we can raise our consciousness and understanding of the problem so we can be free of this dreadful curse"?

## Cosmic Awareness:

This Awareness indicates that wherein an entity is given heavy doses of drugs prior to passing over, this related unto hospitals, battlefields, or any form of situation whereby an entity is given massive doses of pain-killing drugs which have addictive qualities, such as morphine: these entities in passing over have a tendency, upon returning to this plane, toward drug addiction.

This Awareness indicates this as also true in relation to the use of alcohol prior to passing over.

This Awareness indicates that wherein an entity begins to use drugs as an action for support, for psychological support, the tendency is to become more and more dependent upon that crutch, upon that support.

### How Drugs Blow Holes in the Aura

This Awareness indicates the use of drugs as that which literally blows holes in one's aura, the life force-field around an entity: the odic force, the electromagnetic energy of an entity. This having holes blown in it creates an opening for other forces, particularly spirits of low level vibration, to enter the entity's consciousness, to possess portions of the entity's consciousness. And many entities who have passed over, who are earthbound and who are of an addictive nature, though in spirit form, do tend to move toward those holes in the auras of entities and to experience the drug use with that entity using that drug.

This enhances the dependency, because not only are you depending on the drug for gratification, but spirits around you also enter into your form and seek gratification along with you for their ever-increasing appetites, which cannot be fed from the inner plane by these drugs except through the possession and the transpersonative experience and identification with your own soul force.

This Awareness suggests that the entire episode is a vicious cycle, becoming more and more vicious the longer entities wallow in those levels.

This Awareness indicates that the intensification of the problem cannot be dealt with by usual methods of morality teachings, rational approaches, or law enforcement.

#### Methods of Withdrawal and Conversion

This Awareness indicates that there is the possibility of gradual withdrawal from these drugs through certain programs such as the methadone program, yet these are generally not especially effective.

There are certain entities who, through conversion such as to Christianity, or some form of religious or philosophical teaching, whereby these entities experience a total transformation; this also is a method which allows some entities to overcome the system.

This Awareness indicates this as that which works through the action of creating a deep sense of total frustration, and whereby the entity surrenders into the frustration and believes in a higher power or higher force, and totally surrenders his or her life into the keeping of that higher force, that higher force being understood and trusted as that which is good: this Awareness indicates that this is likened unto a new type of psychological crutch which is more worthwhile to the entity at that phase of his or her existence than was the drug.

#### Jesus as a Crutch is Better

This Awareness indicates the experience of the heroin addiction, the experience of the heroin "high", that which entities feel on heroin is very similar to the feeling of the conversion experience of the Christian religion.

This Awareness indicates that the conversion experience of the Christian religion can become the substitute for heroin addition. Yet, this too, can become a crutch to the entity's growth and development.

This Awareness indicates that it is much better for an entity to have as a crutch a concept such as a deity out there: the Christ, the entity, Jesus, being "out there" somewhere, and capable of moving into transpersonative relationship with the entity. It is much better for the entity to have this kind of crutch than to use the drug as a crutch.

#### The Ultimate Method to Break the Habit

This Awareness indicates that this as a step toward freedom. This Awareness suggests that it is not the ultimate, however.

This Awareness suggests that the ultimate step as that wherein the entity becomes one with the Father, even as the entity Jesus was one with the Father.

#### The Homeopathic Method Can Cure Addiction

This Awareness suggests that in terms of other programs to assist in the elimination of the drug addiction problems, that the homeopathic method can be of great benefit. This as follows:

This Awareness suggests that the addictive drug may be reduced, likened unto the making of homeopathic medicines, reduced by diluting again and again and again until the amount becomes so minute in the liquid that it is not even noticeable: this then being taken as a medicine. The cells of the body, being used to the drug, feeling that input, become concerned that they are again being bombarded by the drug. The cells then begin throwing off the residue of the drug which they have stored within themselves, which causes the addictive feelings, to make room for the new input which they know is coming.

This Awareness indicates that in the process they empty out more of the drug in anticipation for that which is coming, but the amount they anticipated (which is the normal amount they would expect) does not come into being, because it was diluted to such

minute part and the addiction has been broken because they have thrown off large quantities of that which they were addicted to.

This Awareness indicates this may be repeated several times and the entire addiction process broken.

This Awareness indicates this as effective with nicotine, caffeine, alcohol, or any other addictive type of drug.

#### Fasting Cures Addiction Also

This Awareness suggests that, also, the use of fasting can throw off the addictive drug which is stored within the cells of the entity.

(ED'S NOTE: the cleansing diet used for this is available from C.A.C. upon request. This information is contained in the #75-76 Revelations of Awareness Newsletter.)

#### The Nature of Drug Addiction

This Awareness wishes entities to understand the nature of addiction. The cells take on a certain portion of the drug, become used to that portion, and hold on to that portion so that they can assimilate and be capable of experiencing that portion of the drug without the shock which would occur if they were perfectly free of the drug and receive a massive dose.

This Awareness suggests that this may be visualized as likened unto a teacup representing a cell. Whereby a portion of the drug is held within that teacup, and that portion the drug indicating the stage of the addiction--the greater amount of drug within that teacup, the greater the addictive effects upon the cell. Whereby the cell becomes capable of experiencing only a certain amount of the addiction without adverse reaction, the teacup begins to empty out anything over the amount to which it is addicted.

This Awareness indicates that wherein the diluted amount of drug, mixed with water or other liquids, is brought toward the teacup, the teacup tips and throws out much of its addiction in order to make room for that which is coming. But that which comes in, being diluted, is that which is not as addictive as that which was thrown out.

This Awareness indicates that in terms of fasting, the action of fasting is such that the cells begin to hunger for the drug as well as for food, and begin to open wider and wider to absorb. Yet nothing is brought in, and the cells find themselves spilling out and reaching into each other, drawing from each other that which they desire.

In the process of hungering and reaching toward one another, that which is their addictive poisons and the residues held within the cups, is spilt between the cups and eliminated through the eliminating processes of the body.

This Awareness indicates this as that which is beneficial in ridding oneself of alkaloids, poisons and drugs in the body which can be harmful.

#### In Three Years the Body Can Be Back in Good Health

This Awareness suggests that it takes approximately three years' for an entity who has been heavy into drugs to bring the body back into good health, whereby the effect of drugs is worn off and discarded.

This Awareness indicates this through clean diet, avoiding junk foods, eating nutritious foods with plenty of clean water, air and exercise, and occasional fasts.

This Awareness indicates that the aura itself can begin healing much quicker than holes which were blown in it. The aura may heal itself through proper diet and refraining from use in approximately four to seven months.

This Awareness indicates once the aura is healed, general vitality begins to move back toward the physical body and the health of the entity, the influences from low vibratory spirits, and the appetite of the entity begin to come into proper alignment and harmony begins to stabilize in the entity's life.

#### Change Everything in Your Life if Possible

This Awareness indicates that one month of intensive effort is needed for an entity such as yourself to break free of your addiction.

This as best experienced through a change of scenery, a change of friendships, a change of self-image, a change of your purpose and direction and goals in life, and a change in diet, and clothing; An entire change, as much as is possible, whereby you change your hairstyle, your clothing, your patterns of relationship, your friendships, your place of residence, and as many changes as is possible in as quick a time as is possible, near that time wherein you make your decision to withdraw from the use of drugs.

This Awareness suggests also the change of diet at that time.

This Awareness suggests that in changing your scene and changing your roles, that you take great care to put yourself into a situation wherein you have strong people about you, wherein you do not have similar opportunities, and wherein you can develop diversified interests which do intrigue you and keep you occupied.

#### Karma is Created When a Painful Death is Prevented by Drugs

##### Question:

The information Awareness just gave on so many heroin addicts, for example, being a carry-over from a lifetime where they were drugged: This implies a sort of karma for not accepting the pain of the prior passing over. Does Awareness suggest that entities endure the pain of something like cancer and go ahead and accept this rather than accepting drugs?

##### Cosmic Awareness:

This Awareness indicates that to some degree this as affirmative. This Awareness suggests that the pain you save from the illness you choose as your way of exiting one life, that pain is returned to you in the next.

This Awareness suggests that this pain may be spread out in a longer period of time, experienced with less intensity as a tendency toward dependency. This tendency toward dependency does not necessarily mean that an entity must become an addict or must be dependent on others, but the tendency is there for the entity to seek help from something or someone because the entity had those feelings as the entity left the previous lifetime and was dependent on the drugs.

This Awareness suggests that these tendencies can be overcome. This Awareness suggests that wherein an entity, in experiencing great pain prior to passing over, refuses to call out for help, refuses to become dependent on drugs or a pain-killer, this entity faces the facts of reality, experiences the reality which is placed before him or her, which is the pain, and moves into that experience with totality, avoiding any form of escapism.

This Awareness indicates when the experience is totally involved, the entity needs not again face that experience, for it has been total. And even if the entity were to experience that kind of pain again, it would not be new, unusual, or unbearable, for the entity would have already experienced such pain in his experiencing.

This Awareness suggests that when the entity then returns in another lifetime, the fear of pain, the need for a deliverer from pain, is not there as it would be for the other entity who cannot face the experience of pain.

This Awareness indicates, in this sense, there is that which is a karmic type of pattern within the psyche of these entities: the karma being that one entity is capable of accepting pain, the other incapable.

This Awareness suggests that it is not a question of whether one is superior to the other, or whether one way is in error and the other is proper. It is a question of whether an entity wishes to be dependent and to escape or put off pain, or to put off ones ability to face things, or whether one wishes to face things as they are and experience everything that comes in the greatest intensity that is put upon the entity.

This Awareness suggests that it matters not to this Awareness which route an entity chooses. The entity may spend many lifetimes being dependent, seeking to escape, seeking to escape from this experience or that experience into this other experience of pleasure, gratification, or whatever; and this is within the will of Awareness. But this Awareness suggests that the entity who can face whatever occurs, is the entity who is delivered from fear, and is the entity who is totally integrated with his own being and with the forces of the universe.

That entity is free. This Awareness suggests that those who are free need not fear. Those who fear are not free.

This Awareness does not ask that entities suffer, but asks that entities learn what they can from the experience. And wherein an entity discovers that a movement in a certain direction causes them to burn their fingers, this Awareness indicates that once that lesson is learned, that is sufficient. It is not necessary for the entity to refuse to treat the burnt finger in order to learn the lesson.

This Awareness suggests that you may take those steps to place the salve, to lessen the pain, but wherein you become dependent upon the salve when the pain is gone, that is a problem of addiction.

This Awareness suggests that wherein entities in being given certain drugs to prevent pain prior to passing over, these entities in being given more than is necessary, developing an appetite for the drug, this creates the addiction that is difficult in the following lifetime.

This Awareness suggests that this still as being a merciful act, but the entity in the following lifetime must face the job of becoming independent in this respect, and in throwing off the tendencies toward dependency and escapism.

#### How to Get Rid of Discarnate Entities Who Feed Through the Holes Blown in the Aura

##### Question:

In reference to those entities who feed off the drug addict by way of the hole blown in the aura, would it help bring about an end to the addiction if an exorcism or some form of information was given to these entities who hang around the addict?

##### Cosmic Awareness:

This Awareness suggests that entities may burn incense, particularly those sharp incenses which heighten consciousness.

This Awareness suggests that a high, tingling bell, a Buddha, a cross of crucifixion, that various entities will have different approaches for exorcising these spirits from their presence.

This Awareness suggests that whatever it is that allows you to feel spiritual, that is that which is effective for you. This Awareness suggests that some entities will light a candle. The lighting of the candle can, through their own consciousness, imply that there are no evil forces about which can effect them, and that implication, working through

their own attitude, can protect them.

This Awareness indicates that spirits can only affect an entity wherein the entity is fearful, hungry, dependent or drawing those attitudes and feelings which are similar to those of the surrounding spirits.

This Awareness suggests that wherein you lift your vibrations, wherein you raise your consciousness, wherein you raise your hopes and your self-image and determine that no force of low vibration shall effect you, for you are in tune with higher spirit levels, with spiritual energies, then there is no way that these forces can touch you.

This Awareness indicates it is only through fear, and through the acceptance of low image, low self-image, wherein you identify with those same levels as those spirits, that these forces can have their effect upon you. This Awareness indicates this as related unto the sympathetic vibrations: If your own vibrations are low, then you attract vibrations which are equally low, or lower.

This Awareness indicates that lower vibrations always seek higher vibration. And wherein your vibrations are satisfied with being where they are, and are not seeking to be higher, then you are vulnerable to those vibrations which are lower than yours and which are ready to pull you down.

This Awareness suggests that wherein you are moving upward, raising your vibrations, those which are lower than yours cannot pull you down.

This Awareness has indicated that the path of least resistance is the path to Awareness. This Awareness suggests that this in reference to the action of surrendering unto the highest and the best of yourself and of all concepts, surrendering unto the Universal Laws, surrendering unto God: for this is the path of least resistance.

This Awareness indicates that wherein you surrender unto self, unto base forces, unto the forces of greed, lust and power, this as that path which has many blocks and qualities which lead to much pain and resistance. This Awareness indicates the path downward toward self-gratification, lust, power: this as that which appeals and appears to be the least resistance, yet this as that which has the traps, agonies and pains.

The path toward the spiritual levels, toward surrender unto spiritual forces, appears to many to be difficult, to be of great demand; yet, once one decides to surrender unto these forces, that entity discovers that there is no further struggle: For when you become one with Divine Law--that Divine Law, the Will of God, becomes your own will and directs your footsteps:

And the appearance of struggles, though you walk through the valley of death, though you move through the land of Limbo, though you pass through the islands of demons, there is no fear or struggle on your part, for the Divine Forces move you through such experience.

\*\*\*\*\*

Revelations of Awareness is a cosmic newsletter published by Cosmic Awareness Communications.  
P.O. Box 115, Olympia, Washington 98507 Rates and membership information available upon request.