

# THE SEVEN SCROLLS

## CHILDREN OF THE BLACK ROSE, SCROLL #1

### The Sons and Daughters of Lucifer

by Father Nate Leved, First Church of Satan

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### FREEDOM FLIGHT

Your hand now holds the wisdom of the ages, the map to the gateway of the Universe. It is small in size but large in wisdom and knowledge. It is intended to be simple, but do not hold it in contempt as all great wisdom is simple. Yes, it is intended to be simple, for the Rock of Stupidity is large! Those who listen and try to understand will grow in strength and stature and eventually find their way to their own "Safe Harbor" and ultimate spiritual fulfillment. Those who scoff will continue on as a frog trying to climb up the wall of a slick-sided well, laboring all day trying to gain a few feet only to slide back down each night only to find themselves in the same dreary situation in the morning. However, there is help if the seeker will but listen for the Gnosis and remember their revelations. This then is the book of the Children of the Black Rose, The Family of Lucifer, and when seekers learn the Gnosis, they will belong, be successful and know fulfillment. Their limitations vanish, and they are free to grow in stature.

They will also prosper and live in harmony with one another in a land of plenty. You see, there is more to all this than meets the eye, and the ignorant man is much less than his ancestors who once had the Gnosis because he has forgotten many of the great truths and principles apportioned to the race of men when its days were short. Yes, man has been deceived and cheated by the purveyors of mysticism and deceit. Today, ignorant man lives in the Realm of Choices and confusion, but instead of choosing to seek the Power of the Force for himself, he has instead traveled the hot, dusty road that ends in failure, deceit and submission to mysticism. He has let the profane mystics talk him out of his inheritance. Because of this, ignorant man has been mistakenly battling against something within himself which he doesn't understand, and the harder he fights, the more his situation deteriorates. The reason and answer to this dilemma is that ignorant man, at least in this physical world is incomplete, as the guidance and benefits of the Force is purposely withheld from him until the realization of his adverse condition becomes eminent and the Gnosis is asked for and seriously desired by the person who then separates from the herd in the eyes of the mighty. Yes, when a person realizes that they have been lied to and deceived and has the fortitude to stand up, shake their fist at the sky and demand their inheritance returned, they get it and become one of stature among their peers.

Yes, not until a person realizes their untenable situation and reaches out to the Force (Lucifer) will the process of redemption and reawakening begin. This world is an arena

of testing and trial where masters are separated from slaves. The subjective are culled from the objective and the weak removed from among the strong. This world is no prize. That is why it is said that, "The meek shall inherit the Earth." This planet is the consolation prize for losers who can never raise their sights to coexist in camaraderie and purpose with the magnificence of Lucifer, the Master of the Universe.

Yes, part of man lives in the physical world of earth and sky, but the rest of him lives in the Realm of the Astral, beyond the veil which separates him from his self of power and those who have gone on before to reign in majesty with Lucifer as a spiritual warrior or forever grovel in submission to one of power who has the knowing. Whenever a person forgets their spiritual ties with that other realm, they lose contact with the Force which sustains them and they become weak and lost, seeking a master who will guide them. Whenever the Gnosis of the Force is lost or unknown, man is doomed to servility, no matter how hard he tries to convince himself otherwise. The incomplete and ignorant can never rise to full stature and must sit at the feet of one who has become, hoping for the enlightenment that will never come because they have never asked. Your chance to grow in stature is here and now if you so desire it. The purpose of this book is to help rejoin the lost Children of the Black Rose with their Father/Mother, the Force, who is for our purpose know as Lucifer, so they can once again be complete and receive their rightful share of the All and become Gods in their own right. This book is not about loss, fear and shame. This book is about getting well and rising from the depths to the heights. This is the path to The Knowing!

This book is a gift to mankind by the many brothers and sisters who have left their legacy behind for the benefit of all who would come after them. Knowing that man must eventually seek the Force whom we know as Lucifer, they have left us the answers to the basis of the combined forces, known but as yet unexplained by the great academic minds. This book is about that Force, the All, man, and those who have been sent to help him find his way by achieving The Knowing. Their directive is to bridge the veil of mists and carry the Keys of spiritual freedom to mankind. Their purpose is to aid and assist all men and women who freely ask to travel the Left Hand Path to spiritual fulfillment. However, one who wishes to learn must ask, for one brother or sister shall never be the master of another. As the pages turn, the voices of many past adepts will speak their parts, revealing the right way to look at personal interaction with the forces that be and to form a suitable defense against the opposition who would limit and ensnare the unwary. They will also present the keys of wisdom and knowledge that will unlock the mysteries of the ages and open the doors to the future aeons. But, this is only half the story, and as man is incomplete, so is this little book. You see, the true scope of this book is only to light the way to the bridge; the seeker must then cross it. Your personal gnosis will bring all into focus when the time is right for you to know or have the knowing.

The Keys to the Gnosis have never been lost, and for as long as mankind has existed, the Keys have existed. They have been handed down from generation to generation to all who desired them and would ask. The Keys have been translated by the hands of many scribes into all of the world's major languages so the wisdom could be freely given to all who would ask. However, few could ask because The Knowing has been suppressed by those who seek power, wealth, and personal gain at the expense of their fellows. This

then is a condensed version of the Keys to the Gnosis written in simple language as a book of concepts. It is meant for the Children of the Black Rose as the time of upheaval nears, because the heart of The Knowing must be in the hands of many before the quickening.

## **VICTOR OF THE SWORD OF LIGHT**

We who carry the Keys forward are considered as Victors of the Sword of Light. We seek the power of the Force and ally ourselves with it, drawing it into our very beings until our stature rises unto greatness. Our task is to learn and do and teach. Our reward is to be a Victor of the Sword of Light and to inherit our portion of the All. Now, why would we need a sword? Does that imply that we are warriors? Further, if we are warriors, is there a war? Of course there is. We are involved in that age-old spiritual war with those who would enslave us, and we aim to win that war.

The war of which we speak is that ancient and fierce battle between the Children of the Black Rose and the opposition- those who carry the cross of submission and failure upon their backs and would have us share their load. We are spiritual warriors who fight off the darkness of ignorance and mysticism and refuse to submit to alien concepts which are against our nature. We are conservative in nature and take responsibility for our own actions. We play fair and help others to do the same. We discourage submission and ignorance and try to raise the interest of our fellow men and women to greater heights. When we can fend off imbalance, we do so. We remain secure in the grand knowledge that though an ant can't kill a buffalo, an army of ants can sure eat one.

But that is not all. We work in cooperation with the Force and our past adepts so we never walk alone. Neither are we alone when trying to move the Rock of Stupidity out of the road as many hands make the work light. However, to move the rock one must first see it, and that is why we try to gather all of the wisdom and knowledge we can. Then by raising our own mental and spiritual sights, we can better see the stumbling block that threatens our way. Next, when we learn to see our own way clear, we can't help but try to clear the way of our fellows. However, this is often very hard work as many of the family of man won't listen and insist upon tripping anyway. Here is wisdom: although we choose to take responsibility for our own actions, we never take responsibility for others. After all, it's their rock, and they can do with it as they choose.

We are aware that we live in the Realm of Choices where confusion and chaos reign. Therefore, we consider well each of them. When there is just one water hole, we seldom stir up its mud. So it is that clear thinking is paramount to clear seeing and clear seeing is tantamount to clear understanding. Therefore, one of the first lessons a warrior learns is to clear his mind of errant thoughts so he can assess what he sees. Later, he learns how to look at what he sees, the better to understand, and later still, he learns to focus what he sees for his own benefit and that of his fellows.

## **WAYS TO LOOK AT THINGS**

This is a book of concepts. You will make of them what you will. No one will ask you to

believe in anything, but we do hope to alter your perception of that which is around you. The past adepts will simply offer you concepts. If you try enough of those concepts, you will find that some will work for you. However, no one expects you to move the earth with a stick, because there are easier ways to do it. We all start out small and grow at our own pace. Some grow faster than others, but all of us are better off than when they started. Why? Because we become more aware, because we have tried. One brother or sister might excel at seeing while another will excel at knowing, another will excel at doing, but none are greater than the person who pauses to help up one who mired in confusion. There is a place for everyone, once they can see their way clearly.

## **SECOND SIGHT**

Up until now, most of us have been taught to see with our eyes. Think for a moment about a blind person who does not see at all. Do they not develop many alternative methods of perception? How about using one's hearing, or other tactile senses? A person is said to possess five senses, but what if there really were a sixth sense? Even if it only worked some of the time, that would be better than nothing and worth developing. Here is more wisdom; when adepts speak of seeing we mean more than just seeing with the eyes. There is more to it than the use of the other senses too, even the sixth sense.

We begin by noticing things. When we look at something, we try to really see it and understand it for what it is. For example, when looking out of an open window, we notice more than the trees, grass, and sky. At first we ask ourselves questions about the scene before us such as: where is the sun? What is the time? What is the season? What do the leaves have to say? Where is the wind going, and what secrets do the shadows hold? There are many answers in the world around us if we just learn to see them. An adept also learns to sense the world around her, keeping a mental image of even that which is behind her or just out of her peripheral vision. The slightest change in the light or shadow or air or temperature will alert her, and she will know that something has changed. Some are so sensitive that even the tiny movements of an insect will not escape their attention.

As time passes, an adept's senses, both normal and acquired, will develop as a rose unfolds from bud to flower. This is why we use the Black Rose as our symbol or logo. The reason being, that even in the darkness, an adept will be aware of what is going on. One who has the knowing, needs not see with their eyes. This is why Lucifer is called the Lord of Darkness. He and his children do not need light to see and have no need of it. We are self fulfilling, the beginning, the end. We rise by our own will and intent from the depths unto the heights. If we want light, we will create our own.

Know that there is more to man than meets the eye. Remember the greater self? Does it not know more than you? If you listened for its small, still voice, would it not tell you many secrets? The trick is to allow yourself to open up to that which is around you. Many adepts, especially the ones who live in the big cities head for the country whenever they have a chance. Some even have a special place, high upon what they call their Mountain of Truth where they go to listen and learn. Nature has an expansive effect upon spiritual endeavors.

## **THE GREATER PERSPECTIVE**

The object is to combine all senses and faculties and input from the greater self into one great awareness that functions as a unit. When this new sense is combined with the power of the Force, the results are often spectacular. This is one solid reason why adepts seek the Force and rely upon its power to complete the circuit. Anyway, once this new faculty is acquired, it is especially useful in the presence of other people. Seldom is an adept taken by surprise as he senses what the others are going to do before they do it, even if they are a ways away. Perhaps, what we call seeing might be better defined as expanded consciousness, but that is a big term for such a simple book.

## **THE AWAKENING**

When an adept is fully awakened, he experiences what we call The Knowing. He simply knows. The knowledge flashes into his mind like a bird that flies in through an open window. Some say that they hear a bell ring as the knowledge appears. We adepts call this the Bell of Node. Almost everyone has either experienced or knows of someone who has experienced this phenomena, as it is as old as the human race. The trick is to know what to do with it. It is a talent that can be developed by making use of the old three Ps: Prudence, Patience, and Perseverance. Mostly, it just takes practice, and most adepts work at it on the side until it begins to appear often enough to be of value to them. Our intent is to first elevate the self and fulfill the self. Then, that done, an adept then draws others to him/her and commences to open them up and make them aware. Remember, there is strength in numbers, and we realize the value in ranking the numbers in our favor. Share the knowing.

Of course, the knowing is often fickle and when one novice can't quite get the whole picture, he might call in other more experienced adepts who will help with the rest of it. You see, there is strength in numbers, and though an ant can't kill a buffalo, an army of them can sure eat one. So the very first thing to remember is to keep an open mind and pay attention to all that is within the scope of your consciousness. Seeing and knowing have simple beginnings, rooted in the dust of the Earth. Take it one day at a time, lay your foundation, and then build upon it. If your first attempts are less than impressive, apply patience and try again. Remember, what is difficult today is easy tomorrow. The fact that you can't find your shoes in the morning only means that you didn't pay attention to where you put them the night before. Pay attention!

## **EXPAND YOUR CIRCLE**

Everyone has a Circle of Awareness. For most people it is about three feet in diameter and considered "Private Space" or a privacy circle, and most strangers or unfamiliar persons won't intrude within this limit as it is a natural boundary, common to all human beings. There is a small part of human consciousness that automatically monitors this space, sweeping it like radar or a man hunting spiders with a stick, detecting any intrusion or possible danger. Adepts work at expanding their Circle of Awareness as far as possible, not to keep other people out, but to know and understand what is going on around them in concentric rings or levels of importance. Also, this Circle of Awareness is not fixed in time or space. It can reach forward and backward and sideways throughout

time and eternity. Adepts work at being aware of yesterday, today, and tomorrow so that they can better deal with their environment and its changing conditions, particularly those created by other persons. See? Already, your awareness is increasing. Just being apprised of this possibility is the first step, for to know it is to do it. Keep on practicing, and your own Circle of Awareness will fill the All and extend to many yesterdays and tomorrows.

"A stone cast into a pond of quiet water sends out many rings. That is the awareness of the stone seeking its new environment."

### **EXPANDING YESTERDAY**

It is said that history has a way of repeating itself. Our records of the past will show us much if we just study them, comparing what happened then to what is happening now. We have accurate records reaching back several thousand years, revealing the causes of failure in individuals, tribes, and nations. Reading the old history books will reveal certain parallels that can be used as benchmarks in forecasting the future, and this knowledge, properly applied, will greatly aid and assist our decision making in the here-and-now. The main difference between a sage and his student is wisdom and knowledge; one difference between a wise man and a fool is the application. A fool may know better but take the wrong path anyway.

History reveals that civilizations tend to follow a pattern; they rise only to fall, and decadence and corruption are the main culprits in the destruction of the mighty. After once becoming infected, it only takes a generation or two to bring a great and shining empire to its knees, its lofty ideals shattered like glass, and its citizens scattered on the winds like so many seeds. In as little as forty winters of the first little gray cloud seen upon the horizon of social and political corruption, a mighty empire may well lie in ashes. All successful civilizations start out with the lessons of the last great failure hot and fresh in the minds of the founders. They know what went wrong with the last attempt and try to model their new nations on foundations that won't crumble, proof against decadence and corruption. Therefore, the founders establish a reasonable form of government with a solid constitution, a strong defensive military force, and a sensible educational system to teach their offspring the correct way to live and avoid ruination. This, coupled with a sound set of principles, rigid codes of honor, and justice, swift and sure, riding on the wave of public ridicule and indignation should make possible a lasting success. Wrong! There is one thing missing; the Force that holds the All together. A civilization whose luminaries have not tapped into the Force is doomed to failure. A sighted person who has not the knowing of tomorrow is worse off than a blind person preparing to descend a steep staircase.

### **SOLIDARITY**

Let it be well understood that CBR adepts never forget the Force that holds all things together. They remain convinced and steadfast (Convinsteadfast), secure in the growing wisdom and knowledge allotted them. This is why the CBR has remained in existence for so long, despite the rise and fall of so many nations. The Force holds them together in spite of calamity and civil decay. The Force flows through each and every brother and

sister, in and out and then in again. The Force passing from the left hand of an adept will be restored to her through her right hand. An adept's gift of knowledge will be repaid to him with the interest of wisdom. Never does an adept stand so tall as when she pauses to help another. There is much to learn, much to teach, and so little time in which to do it.

The life of man lasts only a few brief moments, his allotted years passing as sand through an hourglass. He is similar to the flower that blooms, basks in the sun, and then wilts and dies after scattering his seed upon the wind. adepts try to not let the sand pass through their fingers too quickly or let their seed be wasted and lost. The legacy of an adept may be great or small, depending upon his desire to draw near the Force to create and do. The most important lesson a brother or sister can learn is that the Force will meet them more than halfway. Another important lesson is: never doubt that there is enough Force to go around.

### **WAKING UP**

The way of the CBR is to learn, practice, do and then teach. Each adept is by necessity a student, a craftsperson, and an advisor. Each transaction strengthens us and brightens our awareness and store of wisdom and knowledge in its own particular way. The more we give, the more we get, and the greater grows our legacy. Practice makes perfect, and we all have goals in sight. However, it often takes a while to achieve them. Therefore, all CBRs are taught the value of the three Ps. They are revered by all as Prudence, Patience, and Perseverance. Prudence helps separate the wise man from the fool as the prudent adept thinks out their actions before doing them. Sometimes, it is best to let the sleeping dog lie; other times, it is prudent to run it off. Patience is the slow but sure crafting of a desired state, setting up the pins squarely in front of the ball, proceeding neither too quickly nor too slowly, allowing the energy to build. Perseverance is the ability to keep on trying even though failure is at first encountered. If one key fails to open the lock, try another key. Often, the value of a given success is measured by the number and diligence of the attempts required to gain it, and each attempt then, is a tread on the stairway to victory. However, as a sister matures, and the Force builds within her, fewer and fewer valiant attempts are necessary. One of the great secrets of success is to read the message written upon your heart and harken to its meaning.

### **CHILDREN OF THE BLACK ROSE, SCROLL #2**

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### **THE STAIRWAY TO THE STARS**

The steps on the CBR Stairway are: awareness, guidance, learning, application, teaching, transition, and fulfillment. It seems a long stairway at the beginning, but in actuality, most find it much too short. The CBRs way is revered as The Right Way to Live, and you have chosen well. It is said that a long journey begins with the first step, and you have taken it. It is now up to you to complete it. However, help is available for the asking.

Remember, there is strength in numbers, and it is those numbers that you will most certainly find interesting.

Here's how it works: each adept is an individual unto him or herself, but each is a part of a greater whole called the All. The All is the Grand Creation of the Objective Force (Lucifer) and includes all things great and small. CBR Adepts, you see, are simply the custodians of the All. That is why I refer to myself as Head Devil and Custodian. See, you will be dealing with numbers, a lot of them. Take a moment to ponder the implications! When something falls over, it's your job to pick it up. This can become a lot of work, so as time passes, Adepts tend to gather about them several other kindred spirits to help in the project. Most find twelve helpers quite enough, though some require more. Mostly, however, twelve is considered an optimum Extended, CBR Family Group. Of course, one family will become associated with others, and in time, a tribe will form. This is handy as when something really big falls over, there are adequate resources to help pick it up.

Here, here! If we keep this up, we'll have a society on our hands. Oh well. Fortunately, the CBR has taken all this into consideration, and there are many lessons devoted to handling that subject. You see, the CBR is at its best when dealing with people. However, before we start dealing with people, we have to begin dealing with you. Order and stability are necessary to success, and all brothers and sisters, including you, must first begin by doing some mental house cleaning. Now that statement is sure going to piss somebody off! However, most adepts, sooner or later begin to try to accomplish fetes of Greater Magic. The day will come, and when it does, you will find that self discipline and self control is of paramount importance. Order and stability are absolutely necessary, or your will have hungry daemons lurching upon your bones! Oh well, being pissed off is better than being pissed on, or worse, being pissed out.

### **EXPANDING HORIZONS**

OK, now that we have calmed down, the first thing to do is start a journal. All budding adepts and the experienced ones too, keep a daily record of where they are at and where they are going and what they did when they got there. Not only that, but they also keep notes upon how they could have handled their various situations better. All this helps to fine hone the art of perception and broaden the Circle of Awareness. Here, you will keep all that you learn of magic and the manipulation of forces and powers. What was that daemon's name? Do I mix the acid into the water or the water into the acid? What was that about the color markings of that odd snake? Black touch yellow, kill a fellow? Or was it red touch black, all right, Jack! The journal also answers many questions such as: why did I win or lose in this attempt? Read your journal and you will know. Remember: all endings have a beginning and a middle. It is the order or chain of events that ensue that produce an ending. Endings may be changed. Start your "Black Book" now, or you will surely wish you had.

### **STUMBLING BLOCKS**

It is often said that a person should know his or her limitations. However, we don't have to be carried away with them. Many of our limitations really belong to someone else.

Take time to list your limitations in your journal. Just jot them down as you encounter them or they encounter you. Once you have your list of limitations, ask yourself from whence each one came. Chances are that you will have learned most of them from other persons who taught them to you. Once you realize that a limitation is really someone else's limitation, you can cross it off your list, for it doesn't really belong to you. See, your load is getting lighter already.

However, the majority of us will probably still have a few limitations left even after returning those that belong to others, so a portion of your CBR adept's training will of necessity deal with ridding yourself of those few left on your list. This is an early step in the process of awareness. When we are free of limitation, we are free of fear. Then when we are free of fear, we can remove our heads from the sand and take a close look at what is around us. More than that, we can do more than wait for something to happen to us. Yes, we can take steps to change endings. In fact, we may shuffle things around and create endings much more to our liking. However, before we begin making changes, we must first learn to see their outcomes. Remember, the Rock of Stupidity is large, but we may still trip over it if we can't see it.

### **THERE ARE NONE SO BLIND**

We become aware by seeing; think about seeing. Ask yourself what is a seer. The simple answer is: someone who sees. Rest assured that there is more to it than that. Look out of your window for ten seconds, then try jotting down what you have seen without looking back at the object of your study. Then, after you are sure that you have written down everything you have seen, compare your notes to the actual scene and discover all that you have missed. Most of us will record the obvious, but neglect the fine detail. Many will be unaware that any detail exists at all. Try to discover the depth of your discernment. More than that, consider how the shadows deceive you. Where is the wind going? Why do sun drops dance on water? What did the clouds try to tell you, and why was there anything out there anyway?

Often have sages expounded on the difference between looking and seeing. Once there were two Indian boys who were rivals, and each tried to outdo the other. As they grew older, their contests grew more exacting, and the difference between them became harder to discern. One of their favorite pastimes was target practicing, one trying to out-shoot the other with bow and arrow. However, it soon became obvious that their scores were about even. What they needed was a real tie breaker. One morning, they met a medicine man, and one boy asked this old sage's advice on their dilemma. The old man simply said, "Go you hunting, one East and one West; he who brings me meat by day's end shall have a powerful charm, and all will know of his prowess!"

This seemed like a fine idea to the boys, and they quickly followed the old sage's advice, one traveling East and one traveling West. In his own way, each boy tried his best, traversing meadows and valleys in his quest. While the boys hunted, the old seer waited and peered into the shadows of today to see the bright light of tomorrow. Then, as those shadows lengthened and the moon rose pale in the evening sky, the boys returned to the old man. He stood waiting for them on the little hill where he lived near the stream his father had discovered so many moons ago. Later that evening, the boys came in from

different directions, but long before they arrived, the old man could see that one of them proudly carried something over his shoulder- the other, only carried his bow and arrows.

It was clear to the old shaman that while both could shoot equally well, one boy could see while the other could only look. Then the wizened old man, true to his word, presented the successful boy with his prize in exchange for the meat. Indeed, he was a great hunter. However, in the end he gave the other boy the greater gift. He taught that boy to really see. So, who turned out to be the great hunter? Who was the next medicine man? Could the hunter see at night? Could the medicine man see in spite of it? Who became really aware? Who could see the color of tomorrow from the shadows of today? What did the old man perceive in the boy who had not yet learned to see? The natural hunter already had his gift. Though he brimmed with ability, the other boy's heart was not in hunting, but the old man saw a spark of magical ability in him. All that was necessary was to slowly develop that spark into a flame and then into a white-hot star of purpose, intent, focus and will.

The steps on the great CBR Stairway are: awareness, guidance, learning, application, teaching, transition, and fulfillment. Do you see how each of these seven principles are fulfilled in this simple children's story? Is it really a simple children's story? How well do you see?

WITAN The wind brings an answer  
To the question unasked  
The shadows play  
Yet hold great secrets  
There is wisdom in the flame  
And reflection in the water  
A falling leaf carries news  
An owl cries  
A life rises from the ashes  
And there is one  
who knows  
The color of tomorrow  
From the shadows of today.

### **DEALING WITH TODAY**

Lets think a little about living in the here and now. The past is history and can't be changed. However, one can learn its lessons. Both positive and negative experiences can be great teachers whether the events concerned are our own or those of others. The future has yet to come and is mostly hidden somewhere behind the veil. Therefore, all must live in the here and now. The trick is to focus on what we are doing while we are doing it. This involves being in control of our thinking and our emotions. There are those who run free, mindlessly doing whatever seems like a passable idea at the time, never weighing past successes or failures or having any concern about how their actions may affect future events. These people never fare very well, and the product of their lives generally adds up to little or nothing. Mostly, they are a burden on society, and often they are shunned or expelled from the community at large. Other more intelligent people learn by doing and seeing and knowing. They consider their actions before they do them, deciding whether or not they like the probable outcome. These people are usually successful in their endeavors and are well thought of by their family, friends and community.

Therefore, our doing should be a product of our careful considerations. Man is capable of thinking and planning. He is even able to forecast the course of future events based upon the outcomes of similar past situations. If in the spring a man cast a handful of seeds into the ground and later harvested a crop, it is safe to assume that he might gain another similar harvest should he repeat his actions the following spring. If a criminal robbed and

killed a man and was later caught and hanged for his crime, another person contemplating such an act might well assume that he would suffer the same fate and therefore refrain from such action, thereby avoiding the consequences.

A brother or sister not only considers how his or her actions will affect his or her own future but also the futures of others and society in general. They learn to think in concentric rings through time and space, observing the action and reaction of their manipulations. An adept is also conscious of the actions of other people and their affects upon the whole. Throwing a gallon of bleach into an acid vat is not a smooth move. Often, a perceptive adept, by some small, apparently insignificant act can often ward off harmful effects from another person's actions. For example, let's suppose that an adept knows that a criminal is about to perpetrate a crime. That adept could warn the intended victim, convince the criminal to relent, subdue the criminal before he could cause harm, or simply call for assistance. Also, the adept could cause a diversion or an impasse, making an impossible situation for the criminal.

Be aware that for an event to occur, it must be preceded by a chain of events leading to its culmination. For a volcano to erupt, pressures must first build up deep within the Earth, exceeding the ability of the cap to safely retain them. For an accident to happen, its chain of events must proceed in an orderly manner as a row of dominoes toppled by a finger. This event is known as the domino effect. A wise adept knows that if one domino or link in such a chain is removed or differently placed, the outcome of the event will be altered. Therefore, it can be assumed that one brother or sister in the proper place at the proper time could change the fate of the world. Should such an adept standing beside a road see an automobile approaching in the distance, then observe a small child playing in that same road they would immediately know that an accident is possible. If the adept removes the child from the road, there is little possibility of the auto running over the child. To extend this chain of events, let's suppose that the saved child grows up to be a great leader who in his turn saves the world from disaster. Therefore, should another brother, sister or ken-youth be in danger, you should make every effort to render aid and assistance.

## **THE CLEANSING**

Getting your head on straight is one of the most difficult lessons to grasp, because it first requires a much greater personal awareness or introspection. Later, it requires mastering the fine points of a discipline similar in nature to that of the marshal arts. It also involves greater self control and a regular inventory and maintenance of your own personal mental, spiritual, and physical states, in addition to all that which is currently at your disposal. Most people aren't even aware of the time of day, let alone the real condition of their total self and all available assets. Let's face it, a workman needs to feel well, think well, have needed skills, and possess all of the necessary tools in order to accomplish his chosen job in a satisfactory manner. So it is with each and every adept.

A student of the CBR should begin his or her personal effort by refining his/her mental state. This state is easily altered as the manner in which most people think is usually habitual. Fortunately, such thinking habits can be changed in as little as thirty days by the application of a little self control. Of course, the desire for self improvement must be

present in the individual, for no one else can light its spark or do the job for them.

Pay attention to your thoughts as they filter through your mind. During waking hours, post a little part of yourself, a sentinel, so-to-speak, to stand guard and keep track of what is going on inside your head. Then, ask your little sentinel whether your thoughts are positive or negative or beautiful or ugly. Ask often, for your thoughts will change faster than the speed of light. Most people find their thoughts are a mixture of black, white, and gray. Now, ask your sentinel if your thoughts are balanced. Ask if they are predominantly positive or mostly negative. In other words, honestly try to find out for yourself just what kind of person you are and what kind of shape you are in. You might be surprised. If you are too happy or too sad, ask why. Ask why you are aggressive, diminutive, bubbly, bleak, or just average.

When you make your daily journal entry, take a moment to assess how you are feeling and doing on that day. Assign a number from 1 to 10 as a rating. Then over the month, you can make a graph and establish a trend. That way you will have hard evidence of the shape you are in.

As you learn more, you will actually have four numbers. The first will be your mental state, the second your spiritual state, the third your physical state, and the fourth, the state of your assets. These four numbers will reveal your whole- self condition and a history of how you got there. You may also add up all four numbers and divide by four, thus gaining an average of your daily condition and your progress as all four states affect the whole of your being. Are you beginning to see the importance of keeping your journal? The reason most people are confused or depressed is that they don't keep a journal. These people don't know why they have problems, and probably never will know. If an adept suffers the loss of one leg, the very first thing she'll do after she is patched up and has her wits about her again is write down why she lost it. That way, she probably won't have to lose the other one.

### **THE CLEANUP PROJECT**

Do you keep a journal? No? Then you have some catching up to do. This is as good a time as any to begin. Get yourself a loose leaf notebook, some paper and a pen. The task is to try to remember everything you can about your life to date. Just jot down what you can easily remember, leaving plenty of room between entries for those lesser events you will remember later. The idea is to clean up your mental house and in the process, learn more about who and what you are. Don't worry, as no one but you will ever know the results. Just for fun, picture yourself standing in a large attic, cluttered with many boxes stacked one upon the other. These old boxes contain the sum total of your experience. Many of the boxes are open and the contents easily viewed. However, a few are closed and tied up, their contents a mystery. Now, the idea is to bring everything out of the darkness and into the light so that you can see what it is and figure out what to do with it. The idea here is to get rid of all the hurtful memories, so think of this experience as you would cleaning out your attic.

Make yourself an inventory of what you can find right off and jot each memory down in your journal. Soon, you will have quite a list and can make some choices of what to keep

and what to toss out. The process is to view and review all that you find, examine it closely, figure out how it effects your life right now, and jot the results down in your journal. Your job is to transfer memories, both positive and negative from your mind to your journal. This is thought transference is it not? We are removing data both helpful and harmful from your mental file and placing it on paper where it can't squirm around and hide. Now once this is done, we can make some choices as to what to do about all those memories that might be hurtful to you. The good memories are no problem, but the mistakes are another matter.

However, this job will not be as easy as it looks. Be aware that within your mental attic there are many stumbling blocks with which you must deal, either now or later. The human mind, especially the subconscious mind is capable of many tricks and ploys to keep the conscious mind from unraveling its mysteries. Events of long ago that have been totally forgotten by an individual's conscious mind are often boxed, indexed, and kept by the subconscious mind as a series of checks and balances (read limitations) to control the actions of that individual. The main thrust of the subconscious mind is defensive in nature as it wishes to avoid pain. Do you now fully understand the importance of clearing your mind? Do you see that there would be little benefit in filling a cluttered and therefore limited mind with further knowledge it couldn't use because of built-in limitations? Good, keep on writing everything you find in your journal!

Once you have gone as far as you can, remembering everything possible for the time being, look it over very carefully, and consider its effects upon you here and now. More than that, look for chains and links that might lead down other avenues of your past. Next, take up a clean sheet of paper and write an essay entitled, "Why am I screwed up in the head?" Step two entails waiting a day or two before reading it. Never will you have read such a pack of lies. Should you believe them, you have a problem; no, you have many problems. However, if you can smile at the contents of your essay, there is hope.

Apply your gained knowledge and keep on sorting through your memories even if they are harsh until you have transferred all memories that might drag you down or lift you up into your journal. Do not be afraid to open any box no matter how dark and smelly it might be as its contents can hurt you more while covered than when out in the clean air and sunlight. Even if the box is sealed up tight, your subconscious can see right through the carton as if it were clear glass. You see, the subconscious mind is very defensive and has a marked tendency to compartmentalize anything it fears, disapproves, or doesn't like. Never underestimate the latent power of your subconscious mind; it can make or break you. So, run down any lead you can find and transfer it to your journal.

Well, aren't we going to a lot of trouble here, making a big deal out of looking under the corners of your mental rug... However, wouldn't it be a shame to be kidding yourself or hiding something from yourself. Then when you are right in the middle of perpetrating a high magical act which includes trashing a cheating lover, a member of the opposition jumped up and said, "But you have done the same thing yourself!" Well, then. Instead of commanding the entity to crawl off and die as you should, you go blank, wondering what to do next. You cannot afford such a loss of power at a critical time. No kidding, clean out your head before it's too late and you wind up daemon dung.

## CHILDREN OF THE BLACK ROSE, SCROLL #3

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### THE GLEANING

Now that you've opened all the boxes in your mental attic and brought everything to light, transferring everything possible to your journal, you'll probably find certain aspects of your life that still disturb you. Most bad memories have, by the simple act of looking at them, blown away on the wind, and can no longer hurt you, for you have faced them and spit in their eye. However, the exposure to certain other unpleasant memories has probably left you unsettled. You are no different than most people who have glossed over certain past events, rattling your sabers at them in hopes they would go away. Most did. However, now you must deal with those that didn't.

The next step is a real kicker. As always, you must do it all by yourself, accomplishing the feat alone, uninterrupted. Sitting alone atop a lonely mountain with the wind in your hair is traditional, but any quiet place where you will be undisturbed will do. Yes, we are talking about reflection. Not only are we talking about reflection, we are talking about total remembrance. Not only are we talking about total and complete remembrance, we are talking about an absolute gleaning of your memories. In olden times, after a field was harvested, the gleaners passed through, picking up any grain that had fallen or was missed by the pickers. The gleaners were hungry, and missed little. Be a better gleaner and miss nothing!

We are talking about sitting down and forcing all memories to the surface, no matter how painful. Even the memory of Uncle Harry taking you into the closet when you were a kid must hit the sunshine. Even if was you who took Uncle Harry into the closet, recount it anyway. Every candy bar you ever stole must be reviewed as well as every positive deed. Do not bypass the positive memories either, as they must be carefully examined as painful or hurtful experiences tend to hide within their folds. Begin turning the pages of your life backwards from today until you feel the slap of the doctor's hand at birth. Travel further if you can.

Remember, don't leave anything out of your examination as there might be a pin cushion hidden within a pillow, and you might just sit on it. This process is for your benefit only. No one else need ever know anything about your fables and follies. They are yours, and you must deal with them. You are responsible for your own actions, and you must act in your own best interest, ridding yourself of all dead weight. Most adepts find that they have done more right than wrong. The suffering incurred by most brothers and sisters, far outweighs their mistakes. Here is wisdom; the purpose of your personal recounting is to place your mental "Feet" on solid ground, understanding that everything has a price, and you have pay it. The object here is ending up owing nothing to anyone and restoring your soul to balance.

The result of all this mental thrashing around will be a near spotless mental environment as most of the junk memories are now transferred out of your mind and written in your journal. Now once your memories are transferred to your journal, there is no further use or purpose in remembering them. So, let them go. The floor of your mental attic should be fairly clear by now, but once you are down to the most pertinent items, the ones you really have to deal with, you have a little accounting to do.

### **THE BALANCE SHEET**

As with any other asset and liability sheet, apply your own positive actions that you have done to the left column, and list your mistakes on the right. When you have done a full and honest recounting to the best of your ability, add up both columns, subtract the lesser from the greater, and you will have your true disposition. Most of the time, brothers find themselves on the asset side of the page. Should you find otherwise, see lesson one, hit the street, find those worse off than yourself, then bring your sheet into balance by your own hand. You'll know when you've done it right. Just don't get silly about it.

Do you have a debt you can't pay? Then send a letter of apology, explaining the circumstances and asking the lender to forgive the debt. If you wish, send them a penny on the dollar. If the lender won't forgive the debt, then it is his problem. It is better not to lend or borrow as a loan is only a gift with strings attached, and the lender knew the risk when he made the loan. Mark the debt paid in your journal. You have done all that you could. Do you feel guilty at leaving a close friend and moving on with your life? Consider that the other person has no right to control you anyway. They can't even control themselves, how can they hope to control another? That amounts to slavery, and slavery is illegal. There is no apology needed. When it is time to go, it is time to go!

By the way, letters of apology do not need to carry a return address or even come from the town in which you currently reside. The point is that you are doing something positive to settle a matter in your own mind. Did you steal a candy bar? Give a candy bar. Did you take a life? Save a life. Do not forget that helping a stranger in need will settle many debts, and they do not even need to be of like substance. Balance is the key. As you deal with each and every memory both good and bad, right or wrong, mark its disposition next to it in your journal. When you pay a debt, mark it "Paid in full". When you settle a score, mark it "Settled". And when you have done all you could to set things right, mark that item "Canceled". So it is written, so it shall be! Out of mind, in the book, close the book. You have made an honest effort to settle your life, and the rest of the world will just have to live with it. Declare bankruptcy if you must, but clear out your mind and start fresh.

Once you have brought all of your life up to date and have figured out just what has happened, you may deal with the rest of your life on a day-to-day basis. You'll keep your journal up-to-date and have a running total of your whole-self balance sheet. You will have discovered your strengths and weaknesses and will be better able to deal with them in the future. That is the whole point. The object here is to be mentally bullet proof. The opposition will hate you, but oh well.

Adepts don't kid themselves or anyone else. That is why we say that a brother or sister is

neither good nor evil. No one is either all positive or all negative. There is a little negative in the best of us, and a little positive in the worst of us. Anyone who claims to be pure as the driven snow is a liar. It's as simple as that. Here is wisdom: do not set impossible goals, for only a fool would cast himself into an impossible role. It is better to remain centered and balanced, answering to the call of reason being neither good nor evil and satisfied with that outcome. However, Adepts have to live with themselves and have an interest in growing spiritually. Therefore, they tend to consider their actions and their effects on themselves, others, and society as a whole. Maintaining their whole-self balance sheet on the asset side becomes second nature, and they become stronger with each passing day. So will you!

"There are those who constantly  
fail in their purpose. Of course,  
the question arises as to why.  
The answer always is that  
they didn't believe in  
themselves."

### **THE REST OF LIGHT**

Resting the mind and receiving illumination. For ten minutes each morning upon rising, and ten minutes before retiring, at night, practice the Rest of Light. Ask the Force that light and understanding be granted you this day. Then, after waiting for your answer, you may ask for more specific understanding or revelation. Here is one of the best ways to chip away at problems and seek answers. Asking only takes a moment. Then, use the quiet time following to listen for your answers. Spend more time listening than asking. What purpose to ask for an answer and then not listen for it? This is the first and perhaps the most important exercise for receiving the Gnosis. Few can hold on for 10 minutes. Most drift off to sleep long before. Naturally, the best way to deal with it is to build up to it slowly. Keep on increasing your ability to focus a few seconds at a time until success is your. Not only will this exercise increase your probability of receiving Gnosis, but it will strengthen your ability to concentrate and execute a forced listening. The most difficult aspect of this is hovering on the verge of consciousness and oblivion without expending effort. It's something like having a dream and being able to consciously interact with it and remember it. Mental juggling is something you have to work up to in easy stages.

This little ten minute period has another value: often, when we sleep our spirit leaves our physical bodies to travel about on its own business or adventure. Have you ever wakened with a start or with a bad feeling as though you weren't put together quite right? This happens. The cause is most generally that your spirit, probably traveling faster than the speed of light sprang back into your body and missed. Often the spirit enters the body so fast that it doesn't quite align itself properly. Sometimes, it even enters upside down. This jars you awake and the resulting condition is you feel like you've been on a jag or worse. Holding still for a few moments allows the poor thing to right itself. Should you fail to give it time to recover, you'll feel off all day. If you do get up and still feel off, lie back down for a few more moments, and you'll feel better for it. In any case, before getting up and facing the day, take time to assess your mental and physical condition. Also, take inventory of your assets so that you are prepared for any eventuality. After all, there is no

sense in going off half cocked.

An important aspect of the morning rest of light is that often, answers to the questions of the night before will materialize during this period. Often, it takes a while to bring something up from the depths of consciousness. Moreover, many times the subconscious mind reacts badly to the truth, and it takes time to find an acceptable method of delivery. That is why a valid answer will at times surface in symbols or metaphors or some other kind of surrealistic nonsense. When this happens, just keep on working on it. Write it down in your journal and continue trying to make sense out of it. I've had the experience where I've carried around a blur of an answer or concept for weeks, only to have it pop into focus when I least expected it to materialize.

### **KNOW YOURSELF**

Take the time to get acquainted with yourself. We know that sounds odd, but few students have ever paid enough attention to their thoughts and actions to actually have any insight into themselves. Often others know the student far better than she knows herself. That means that they can predict how she is going to act and react better than she can. That is why people develop what is called a reputation. People are known by the way they conduct themselves and handle situations as well as their skills. That is why we admonish student brothers and sisters to monitor their thoughts and edit them before they pass into existence. Even though an idea seems like a fine one at the time, examine it carefully before acting upon it. Try to see if it can backfire on you, causing pain to yourself and those around you. After all, the idea is yours, and you may give it birth or bury it. The choice, oh creator is yours. Therefore, consider well your words and deeds. Words are like small seeds; once cast upon the wind, they cannot be called back. Deeds are stronger yet, for they have a toehold in the here and now. An idea can arrive in a blink, be executed in a flash, and take years to undo. Here is wisdom: the closer an adept draws near to the Force, the better their ideas become.

This lesson is especially important to the serious magician as acting upon whim when performing in the circle can bring unexpected results. There is much upon the Astral planes that is not on your side. Your opposition would relish the opportunity to cream you where you stand. Another way to look at it is that you want maximum return on your magical efforts. Anything else is mediocre.

### **AN ATTITUDE PROBLEM**

Attitudes are really mind sets. Some are bright and happy, some are cynical and some are pretty bleak. They are also habitual and can be easily improved one way or the other. There are those of us who have an attitude problem, and therefore lead miserable lives. This shows a lack of discipline and self control and is nothing to be proud of. The side effect of this aberrant condition is that such persons are inherently unhappy and make everyone around them miserable in their turn. Naturally, as time turns around, the victims tend to retaliate, and the problem is compounded. It is said that we are the sum total of all our experiences. Unfortunately, the experiences of some folks are worse than others, a lot worse. However, one of the great truths is that **THOUGHTS CHANGE THINGS**. You create your own environment with your thoughts. It is all in how you look at it. Realize

that your happiness and the happiness of those in your circle of influence depends upon how you look at a given situation or a series of events. Here is wisdom: a mind set can develop into a life set. "The mold must first be created before an object may be cast in it." Another way to look at this truth is if you don't like the object, change the mold. Human beings are ever malleable and can be changed either from the inside or the outside. Adepts are spiritual warriors, and any warrior in order to survive must always be cognizant of his or her mental and physical condition. He or she also must always be aware of his or her assets. Should a brother or sister have an attitude problem, he or she likely won't have many assets.

Positive thoughts concerning yourself and others will produce positive results, and negative thoughts will result in just the opposite. Usually, people's thoughts are mostly about themselves and how they are being treated. Be it known to you that any negative thoughts will cause disastrous results. On the other hand, positive thoughts will bring satisfaction and happiness into your reality. Now try to expand your thinking to include others and their welfare, but do it in a very positive manner. Remember: learn to pay attention to your thoughts, for the thoughts you dwell on today will surely later manifest themselves in your own reality. You are an accident waiting to happen until you become aware of the power in your thoughts.

Your attitude is important: any task you approach or any transaction you make or any interaction you have with others in this realm or the next will most certainly be affected by your attitude and how you present yourself and your ideas. A bad attitude is like a cloud of stink, and it will follow you, permeating all you touch until you rid yourself of it. In other words should your attitude be negative, dark, evil or selfish, failure will loom upon your horizon. On the other hand, if your attitude is open, light, fair and honest, your chances of success are greatly increased. We don't say assured, because you may just have a less than perfect idea. If you do, it will become increasingly obvious.

Have you ever wondered why some people seem to be lucky, enjoying the best fruits from the tree of life while others receive only the culls? The answer is that the so-called lucky ones have a lucky mind set. They have painted a great, wide, wonderful world for themselves, and they live in it. They are creators of reality, their reality. Adepts are all creators, and they begin creating their world each day, toward the end of their Rest of Light. They think over what has happened and then think about what will likely happen. Next, they engineer the best outcome possible, trying several likely possibilities until they find the one that fits best. They learn from all past experiences and consider what might well have happened if they had acted differently, for they know that each event may have several endings. The final ending depends upon how a chain of events is allowed to progress. The process is something like setting up a chain of dominoes. The falling of the final domino is affected by all of the other dominos in line before it.

Another difference between a wise man and a fool is that the wise man is consciously aware of his own attitude, and he adjusts it moment by moment. This does take practice and no small amount of self control. However, the wise man realizes that his life depends upon his ability to do this. Therefore, he has created a positive matrix or attitude and lives within its framework, never allowing himself to step over the boundary lines.

For example, something is drawing you to learn more of the Gnosis. You may be aware of your reasons or not. It doesn't matter; you are here just the same. However, it is your attitude that counts. If you have a positive attitude, and come looking for just one grain of useful knowledge, you will likely find it. On the other hand, should your attitude be sour, your attention focused upon some other problem, you will come away with nothing and will have wasted your time. Notice that the advisor's time wasn't mentioned. You can bet the advisor gained something for his or her trouble. The CBR Keys of Wisdom are filled with little gems of knowledge. No one can pick up on all of them at one sitting. That is why in a Luciferian home, the CBR Keys to Wisdom are read cover to cover over and over again, a key at a time. The children hear it from the cradle on until they begin reading it to their children.

Human beings, like other small animals, are not born with inherent wisdom and knowledge, but must be taught by their parents and peers. The frequency and severity of the lessons depend upon how good of a memory the younger develops and how fast he or she does it...

"Raising worthy children is like finishing a piece of fine furniture. Much polishing is required to bring up the shine."

## **CHILDREN OF THE BLACK ROSE, SCROLL #4**

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### **ATTITUDE ADJUSTMENT**

All the world is a stage, but you are just an actor. Even so, it is possible to adjust the script to your liking. Remember, all adepts are spiritual warriors, and what do warriors do? They prepare for battle. One of the most important single variables of which an adept has control is attitude. Here is a secret. We are all living an illusion. Call it a grand stage play if you wish or compare it to something that makes more sense to you. Whatever it is, you can rewrite the script simply by changing your attitude. Even the tone of your voice can have a profound effect. Try it and see... All great stage plays are made up of many scene changes, each one requiring a different attitude. Is life not treating you as well as you would like? Well, perhaps you need to become a better actor.

### **USE THE REST OF LIGHT TO BEST ADVANTAGE**

As adepts gain experience they learn to value the Rest of Light and greatly revere it. In itself, it is a valuable tool for gaining control of the attitude monster. Some even think of it as an instant replay device that enables them to quickly run through past events, plugging different attitudes into them and watching the outcomes change as if by magic. Successful military generals use this trick. They call it strategy. With a little practice, an adept can even forecast the outcomes of future events and the effects of his or her attitude upon them. The rest is up to how great an actor he or she ultimately becomes.

Remember, one of the many excellent reasons for the Rest of Light is to solve problems, even attitude problems. It is amazing what this little ten minute period can do for you. Even if you don't have such a problem, it can be of benefit in solving a plethora of other problems, even the problems of others. It is a wise investment in time management. By the way, one of the best tools an adept can develop is the lost art of assessment... That's looking at something and actually seeing what it really is, then assessing its value, its availability, and your access to it. During your Rest of Light, you might just try doing a little assessing, you might be surprised. Soon, you will find that you can adequately assess other people. Oh yes, when you find your answers, be sure and write them down in your journal as memory tends to fail in later years.

Is all this becoming a little heavy? Remember to pace yourself as these qualities take time to understand and even longer to accomplish. Is it worth it? Yes! Some adepts work on these keys of wisdom for years. For most, they become a lifetime project. This does not mean that you can't travel further until you achieve success, but do keep on chipping away at them. The whole point of all this is learning self discipline and self control. Now, why would anyone want to do that? The answer is: anyone who has ever amounted to anything at all has learned these lessons. More than that any successful magician who has managed to survive has mastered them.

"There have been those who could do miracles. Of course, the question arises as to how could they accomplish such feats, and the answer is always that they believed that they could. Their word was law, and they lived by it. Naturally, when they said that something would happen, it did. Why? Because they said it would."

### **STILLING THE MIND**

We all need a dependable way to rest and refresh ourselves, and the process of stilling the mind is used by adepts to consciously slip into a restive state, untroubled by outward conditions. In this restive state, both the body and the mind may be recharged so that they can perform at a high level of efficiency. Also, this restive state, untroubled by spurious, extraneous or intrusive thought may be used for spiritual and communicative purposes. Generally, the subconscious mind will block us to some extent, so we practice "Little Deceits" to achieve our goals. In other words, we run a freight train by as a decoy so we can slip in a mouse.

Often daily events happen so fast they make our heads swim, or we end up talking to ourselves. The Keys of Wisdom allude to the practice of stilling one's mind. Believe it or not, this is just as important as fast thinking. An experienced adept can step out of the race, sit down, and still his or her mind in a few seconds. This has the effect of taking a nap, resting both mind and body at once. What is the advantage? Your adversaries will be tuckered out while you are rested. Think strategy! Many people try to rest, but instead, their minds race. Because of this, they get no rest and arise tired and sore, feeling worse than before. Some call this insomnia. Adepts call it foolish. There is a time to work, a time to play, and a time to rest. Do not attempt to mix them up. That is to say, take one thing at a time.

To some, stilling the mind is a foreign concept, and they will dismiss it as a crackpot idea. Before doing this, ask yourself: was Thomas Edison a crackpot? He did it many times each day, and look how successful he was. With a little practice, you will be successful too. Stilling the mind is most useful during your Rest of Light, and with just a little practice the two will soon be twins, one helping the other. This is how we open the closed doors to our spiritual self or higher nature, the one that can exist in the presence of the Force and the whisperings of those who have gone on before.

In the beginning, should you have trouble stilling your mind enough so that you can readily evaluate your innermost and private thoughts, remember this bit of wisdom: a song will soothe even a savage beast. Music can be a wonderful tool to help you change your thoughts from troubles, woes, and cares, to those of a happier, calmer nature. Try to play light, happy music to raise your vibrations to a higher level. Try to pay attention to the type of music you select to alter your mental state or mood. To relax and calm the mind, select smooth, flowing music. Flute music is fine. Somehow, the mind latches onto the simple, breathy melody and is carried away by it. Obviously, loud music with a strong rhythmic beat and exciting lyrics won't do.

A radio or some other musical device is not necessary. Music can be created within the mind. Some adepts simply envision themselves sitting in some restive environment, playing their own instrument. It is not even necessary to know how to play the actual instrument in the every day world. In the reality of the mind, all things are possible. A flute is still a fine bet as it is simple. Many become so involved in their music that they forget the stress of the outside world and gain their desired restive mental state.

Another way is to concentrate on something simple. Envision yourself walking down a shady lane, looking at nature. Look for detail and realism; feel the breeze. Walk a dog if you wish, but don't allow any outside or extraneous thoughts to enter your mind. Simply brush them away as motes of dust floating in a sun beam. Become a part the scene, separate from your everyday world. Soon you will come to a slow, quiet, meandering stream of pure water. Allow yourself to flow along with the water, and let it swirl you into your desired restive state. At this point, you will be able to listen to spiritual input, think clearly, adjust your attitude, or just rest.

Try as many little deceptions as necessary to calm your mind to the desired restive state as long as you remain in total control. Keep trying, as one will work for you. Obviously, mind altering drugs and such take control away from you and are to be avoided. You will learn nothing from them. In fact, they weaken your will and open you to the assaults of the opposition. Experienced adepts have learned the value of being clean of spirit, mind and body. All are assets and must be carefully maintained for further use.

Stilling the mind and understanding what you are thinking is not an easy task. However, it is a challenge that pays off! The trick is to lift your mind out of its ruts and place your thinking on a solid foundation; the deeper the rut, the greater the dividend! Think of it like this: you are learning to be a spiritual warrior. You are one who knows and can overcome any and all darkness. You are learning not only for yourself but for those whom you will eventually advise. Admittedly, you must learn to conquer yourself and overcome your fears and limitation, but are you losing anything? No. Are you gaining

something? Yes. Is it worth the effort? Yes. Think of all this as mental martial arts. What is the duly earned reward? A knowledgeable adept is never at the mercy of anyone or anything. Ever. However, with the knowledge, comes the responsibility. What responsibility? The responsibility to pass along your knowledge to those who need it, and to aid and assist when and where possible so they too can grow in stature.

I know that there are those among you who don't give a fig whether anyone else learns the Keys of Wisdom or not. However, The Force, or Lucifer, if you will, does reward those adepts who further his work by helping to build His spiritual army against the day when all Hell will surely break loose. He rewards with an increased allotment of power. That is what we mean by growing in stature. Those of great stature have great power. The small- minded individuals have no power at all. Surely, you don't that Lucifer would increase the power of an idiot do you?

### **LEARNING THE WAY**

Does some of this sound repetitious? Do you know a better way to learn? Stick around and watch your rose unfold. Perhaps, now would be a fine time to remind you that knowledge without experience is worthless. You guessed it, you have to practice what you learn for it to be of any value. The more you do, the more you can do! That is a very selfish reason for teaching your down line. Just remember, the stronger they are, the better they can support you. Of course, you don't have to get carried away. There is nothing wrong with keeping a couple of tricks out for yourself. "There is much to learn, much to teach, and so little time in which to do it."

### **TAKING CONTROL**

Here is something to ponder: Adepts who practice the right way to live also practice the right way to think. They have learned to work hand in hand with each other and in harmony with the Force. They have also learned to adjust their thinking accordingly. Being chips off the Old Block, they realize that they are creators, some to more extent than others. Of course, all of this comes with practice.

Here is an example of right thinking, and an experiment that you can do: when you need to park on a busy street and know that a parking place will be hard to find, just ask for a space to be waiting for you, one just big enough. Visualize it, and you will know it when you see it. After all, you have made known your request to the Force and room has been made for you. Why not? It works for us. Is this magic? Yes. By the way, don't forget to say thank you! Here are other experiments that you can do: when you are out in the midday and become too warm, why not ask for a cloud to shield you from the sun? It's a plausible request isn't it? After all, there are a lot of clouds hanging around doing nothing. Why not have an elemental move its cloud over a bit and shade you with it? Oh yes, don't forget to say thank you, as you may grow warm again. Get the idea? Want a breeze? How about holding back the rain for a few moments while you get inside? Stock market tips and such come later to those who persevere. Lucifer takes care of his own. Need we say more?

## **THE PATH GETS STEEPER**

Congratulations! You have survived the first twelve Keys and it's time to sharpen your sword so you can travel further. You know already about the old Law of Reason that states: "Never expect more out of something than you put into it," and becoming an adept is no different. You have already learned to look at life differently than you once did, live in the here-and-now, and get your head on straight. You have also learned to calm down, adjust your attitude, and rewrite the script of your life one line at a time. In fact, when you shake it all up and put it together into a whole, you have gained a wonderful new faculty. You have learned to see, assess, and change things to suit your purpose, all on the fly. Now, that's a pretty large accomplishment, considering that most people around you still don't even know the time of day and can't find their car keys.

However, what you have learned so far is just the tip of the ice berg, and there is much more wisdom and knowledge waiting in the wings for your inspection and use if you are willing to invest the effort to learn more. Again, whether you are reading this book on your own or learning from one of your mentors, you must really desire to receive the full benefit of the Keys, be willing to practice them, and one day teach others who need it as much as you. Nothing is free, and the contract must be kept. All adepts pay for their higher education by passing on their knowledge along with the wisdom to use it. As we say, "The youngsters shall follow the advice of the elders, and the elders shall show favor to the youngsters." Do you see? All adepts run in circles, or perhaps, we should say, complete their circuits. After all, you can't get electrical current to run in a shorted circuit, and neither will the Force.

As always, you must ask for further understanding as you will need help in making sense of what follows as it is a process of growing as much as learning. Fortunately, there is plenty of help available for all who ask with a right heart, and for those who remain convinced and steadfast, there will be great reward.

## **CHILDREN OF THE BLACK ROSE, SCROLL #5**

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### **LOOKING CLOSER**

The CBR supports the Right Way to Live both in the here and now and the there and then. Simply stated, it offers a way of life based upon the best of the old fashioned, time-proven and acceptable principles that have always served mankind well. Wisdom and knowledge is the one light that can break through the darkest night, and that is the stock and trade of our adepts. That is why, the worse things get, the better the CBR looks. The reason people seek the Keys of Wisdom is to receive their gifts...

### **LOOKING WITHIN**

Spiritually speaking, one CBR objective is to unite all men who will voluntarily draw

near the Force for the express purpose of returning them to their true and rightful position in the Family. Politically speaking, the Family is about one section right of the old center isle. In other words, they are solidly conservative in their thoughts, words, and deeds. That means they demand their rights, know the Right Way to Live, and will stand up for what they hold dear. Therefore, an adept should consider well the following principles and begin perfecting them in his or her own life. Remember, you are building strength and character within your self. You are not doing this for anyone else but you, because you are the one who will gain in the end.

There are those who practice morality which is adhering to a code of ethics for somebody else's benefit. Morality never works because mostly the edicts of morality are at cross purposes with the needs of the self. Here is a Key of Wisdom: The self will always win out, because in the game of morality, somebody else is always the winner. Therefore, it is doomed to failure.

Every Key we teach is designed for the strengthening of and the prosperity of the self-- the individual. We teach impecability instead of morality. There is a big difference there. We push personal best to the max. We practice our daily manipulations with the goal of impecability in mind. A successful magician is always impeccable in his or her actions, words, commands and executions. We are pure of desire, pure of focus, pure of intent and pure of will. When we lock on to a goal, we achieve it-- period. Even if we have to call in the troops to get it done. Again, there is strength in numbers. A small group of like-minded individuals who share a singular purpose can raise Hell!

The weakest link in a chain will always spell disaster. We believe in culling out the weak links. Those include the stupid, the faint of heart, the fearful, the lazy, the mentally unbalanced and those worthless individuals who ride upon the coat tails of the mighty. Does this sound unchristian? But of course!

Below, we weave a pattern of what we consider a worthwhile individual regardless of their sexual proclivities or current sex if any. These are not a set of don'ts. They are a set of dos. No reference is made to spiritual matters here as strong foundations must be laid before worrying about superstructures. All that spiritual stuff will come in time with the Gnosis or knowing. It will just sneak up on you... You do your part and Lucifer will surely do His.

### **PORTRAIT OF AN ADEPT**

1. They stand up for their rights.
2. They build their house on a strong foundation.
3. Their charity begins at home.
4. They are ones who know.
5. They teach their children well.
6. They support their community.
7. They go with honor.

From this point onward these seven principles must be forever engraved upon your consciousness, for without them there is no chance for further advancement. A magician

must have power, be power and exhibit power in order to control the principalities and powers of the circle. If a magician can't handle simple concepts such as these, he or she had best seek succor from another source. "Else, yea verily, I say unto thee, thou shalt become daemon dung shouldst thou fail." All right, lets get with the program. Here is where heavy use of the Three Ps will really pay some dividends, as a great deal of Prudence, Patience, and Perseverance will be needed to succeed. The above principles will build the character of any brother or sister to great stature.

They also allow an adept to gain the trust of all who associate with him or her. So, this Key of Wisdom is about building substance and strength into all adepts who, regardless of physical size will stand taller and cast a longer shadow than any of the unlearned and undisciplined slime of the opposition. Remember that like all CBR learning, we first start slow and get comfortable with new ideas, try them out, then practice them, perfecting them until they are ours. However, none of the above principles need be practiced in a heavy handed and destructive manner. As we say, success may be achieved with no more effort than the gentle force of a finger flicking aside a domino. That is why this lesson is placed in the second section instead of the first.

Think of yourself as a mental martial artist, one who uses their intellect and intuition instead of their hands and feet. That is one of the reasons we taught you to practice seeing and developing all of your senses into one super sense that even includes your sixth sense. The idea was to make you aware so you could open up and accept new ways to do old tricks. We wanted you to practice and overcome your old limitations by clearing your mind and adjusting your attitude moment by moment until you became a fine enough actor that you could rewrite your life's script on the fly. Then, once you were strong enough to manipulate your own life up out of the mud, you could begin to help others to adjust their own. However, for the most part, adepts are busy enough just handling the situations that concern them in their everyday lives. The point is that they are able to handle them well. If an adept can make his or her own life better and improve the lives of those who enter his or her Circle of Awareness, then that is enough. However, should an adept find themselves upon a much larger stage, he/she must be prepared to act out the part to the fullest, not only for his/her own sake, but the sake of all those who would be affected by the proceedings. Therefore, all adepts must begin by building strong foundations that will support their superstructures no matter how high they reach toward the bright star of the morning.

"These principles have been handed down from adept to adept for thousands of years. The reason is that they worked then and they work now and that they will work thousands of years into the future. That they are the norm in the higher realms might also be of some interest."

### **THE FIRST PRINCIPLE**

**AN ADEPT STANDS UP FOR HIS/HER RIGHTS.** No one is expecting you to be a pacifist and accept any action or system against your will. The brothers and sisters hold to the principle that every person is free to live his or her natural life unfettered and uncluttered by any government, church or other organization, regardless of origin. The only type of law to which our adepts subscribe is the law of reason, spirit, and conscience

which simply and fairly states that no person may successfully swim against the current of the Crystal River for very long without tiring and quickly sinking, exhausted to the bottom. Whereas, traveling with the flow is supported by that same swift current, and there is no resistance whatsoever. This truth is self evident. As far as the CBR is concerned, laws are kept to an absolute minimum, and no lawmakers are paid to sit around and pound out limitation upon us. Now, there are always those individuals with their agendas who would attempt to deny men and women their natural rights in order to gain control over them. The key word here is attempt. Adepts will not allow themselves to be controlled and will take whatever action necessary to thwart any such efforts. Elected representatives can be threatened by outside forces or be otherwise swayed by arrogance, greed, avarice and corruption. They can even champion and pass laws against the will of the people. However, enforcing them is quite another matter. There is no such thing as a government or their military force who can overrun an organized people with a cause who are of one purpose and mind, and that is the strength of the CBR.

Remember, keep a low profile, use your ability to see, and then begin moving the correct dominos in imaginative patterns until they all fall down in the desired manner. What is difficult today will be easy tomorrow, just have patience. Also, never lose faith in the Force or its ability to remove mountains, topple evil influences, and restore harmony in the All. The trick is to do your part without drawing attention to yourself, for once you do that, your usefulness is severely limited. Be as the wind, a ghost who prowls in the night, a mouse that chews through the cinch strap and makes his nest in the fabric of time. Know that negative influences, once created are cyclic and will pass in their own time. However, with just a little thoughtful rewriting of the script, they will pass so much sooner. Never accept corruption or unfair limitation. Always counter such by using your wisdom, knowledge, and such assets as you can muster at a given time. Remain free, even if you have to take drastic action.

## **THE SECOND PRINCIPLE**

**ADEPTS BUILD THEIR HOUSE ON A STRONG FOUNDATION.** Man has two natures, one physical and one spiritual. The physical body lives in the here and now, the spiritual body lives in the there and then on the other side of the veil. Both bodies must be well supported and maintained for the whole person to gain fulfillment. The two bodies are interlinked, and at birth, the spiritual supports the physical. Then as the body grows, the prime consciousness moves to the physical body in order to maintain it. However, the spiritual nature of a person should not be left to atrophy as later, when the physical body begins to fail, the prime consciousness must be ready to return to whence it came with a minimum of trauma.

As there are differences between hot and cold, and light and dark, there are even greater differences between our physical and spiritual bodies. Imagine the great shock when anyone's prime consciousness leaves the light spiritual body and finds itself totally helpless, bogged in a strange, new, heavy, too small, limited, physical body right in the middle of the cold Earth Plane. At this point, the spiritual body must do all it can to support the new physical body and help it make the transition as easily as possible. Conversely, when the prime consciousness later leaves the tired and worn physical body, it certainly doesn't want to snap back into the bright and light world of spirit, having

forgotten all it once knew about that life. That would be like adding insult to injury and suffering the rigors of being an infant on both ends of the cycle. Surely, you can see the point. True, parents and family will help a person into the physical realm as best they can, and true, those who have gone on before will help us get up and running on the other side, but all that takes time and is uncomfortable, inconvenient, and unnecessary.

Therefore an adept will attend to both his or her aspects, keeping them in good condition and at the ready for whatever journey may be proffered. A sound, right-thinking mind and a healthy physical body are necessary to achieve maximum success in all endeavors in the here and now and the there and then. Keep your spring wound!

### **THE THIRD PRINCIPLE**

AN ADEPT'S CHARITY BEGINS AT HOME. CBR adepts take care of their own first. Self Interest is always placed first! Were it not so, failure would soon loom upon the horizon. Therefore. We stand up for our rights, then build strong physical and spiritual foundations. Next we nicely feather our nests so that we have an over abundance of all things necessary for our needs and the needs of our families, brothers, sisters and communities. Then, when we can operate on a sort of a cash flow principle, we can begin to help others find their way out of the muck and mire. As long as adepts maintain a strong home base and keep their books in the black, they may then use a realistic portion of their overage and talents for the betterment of mankind in general, thus fulfilling their contract. However, adepts never think of their philanthropic efforts as charity. Instead, they think of them as investments or deposits to the bank of man.

Why? Well, here is how it is: nothing humiliates a person more than receiving charity. Furthermore, persons who do receive charity will soon grow to hate those who extend it to them. This is human nature. Do you want to destroy mankind? Then give them charity. Soon, they will become as animals who are fed too often and grow to depend upon their providers. One day they will realize that they can no longer provide for themselves and know that something has been taken from them. That is when the hatred and frustration begins in earnest.

Instead, adepts will help others help themselves by providing opportunities both in learning and application. Here is wisdom: a man or woman who works for his or her supper will never lose their self respect, a person who learns something new will never be less than they were, and a person who becomes strong enough to give some back will never be concerned about his or her purpose in life. Hear it again: once an adept has built his or her strong foundation and adequately provided for their own, they may then make investments and deposits to the bank of man in such a manner as to become a positive influence upon society as a whole. In other words, when a person comes to your door and asks for food, let them chop some wood or water the garden while you fix their lunch. If the person does not know how to chop wood, then take a few moments and teach them. They will then have a trade, for they can go into the forest, cut wood and sell it. The result is that you have made an investment in a person, and they now have the ability to start building their own foundation.

## CHILDREN OF THE BLACK ROSE, SCROLL #6

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### THE FOURTH PRINCIPLE

AN ADEPT IS ONE WHO KNOWS. There is much to learn, much to teach, and so little time for application. All adepts understand the great value of wisdom and knowledge properly applied in a positive manner. Such virtues can raise mankind up from total darkness into bright light of understanding. Even if there is just one adept who knows, alive upon the Earth at a given time, that person can teach many new adepts whom they can send out to teach others who can one day teach still more. Wisdom and knowledge are easy to carry and easier to spread for when the dark times come, all are eager to hear. It is the application that is difficult. To move ideas and concepts into reality requires physical work. That is why we are as much concerned with the physical side of our adapts as their spiritual sides. Knowing how to build a house won't get it built anymore than knowing how to transcend the veil will make a person whole. It all has to come together in one place at one time to be of any value.

Therefore, adepts often have to get their hands dirty and raise a sweat to get things accomplished. Often we have to use incentives to get our students to actually do anything. However, once they see some solid results, the next step usually requires much less prodding. Therefore, one who knows must also be one who does. That is why adepts often find themselves in leadership positions, for they are the individuals who plan projects, organize people, gather materials and get the jobs done. Days are for working and evenings are for learning and teaching. The next day's work is planned the night before and difficulties are sorted out before they become problems. The process is learn, do, and teach.

Adepts make every effort to be among the circle of those who know, for there are so many who don't. The ratio is something like a hundred to one. However, there must be that one knowledgeable person or adept if anything is to be accomplished, for the one is the spark that starts the fire that will eventually illuminate the path for all mankind to follow. Adepts prepare themselves with all types and kinds of knowledge, for they know from experience that every once in a great while, calamity will arise and plunge mankind into darkness. Without one who knows, the road back to light and understanding would be a long one, indeed. Many times in the past, men have risen to great heights, only to be tumbled into the depths by catastrophe. It has always been the spark of wisdom and knowledge, carried by the few that has saved the many. However, one who knows must be judicious at such times, as when the darkness comes, people grow superstitious and shun anything they don't understand. That is why one adapt will never reveal the face or place of another.

"In the past, it has been man's lot to rise to the heights only to be plunged into the depths. But as we say, when something falls over, it is the job of our adepts to pick it back up again. The way of the Family is to learn and do and teach. It is an eternal process, but then, so is brotherhood."

## **THE FIFTH PRINCIPLE**

**AN ADEPT TEACHES THEIR CHILDREN WELL.** Being human guarantees each brother OR sister a ticket on the Ferris Wheel of Life. As the wheel turns, we swoop down to Earth to live out our physical lives, all the while learning, doing, and teaching. Then as the wheel turns around, we ascend to the spiritual realms to further our education to prepare for the next revolution. Some think of human existence as a great infinite loop with twists and turns to make the ride more interesting. All soon realize that when we enter the Earth Plane we do it as a child, as there aren't many other options. Hear it again: the next time you come back here, it will be as a child, just as you were this time and the last time and the one before that. Therefore, all adapts teach their children The Keys of Wisdom with all of their implications from as early an age as possible. Why? What if you returned next time around and were denied the wisdom and knowledge? Where would you find it, and would you even know enough to look for it? How empty life would be without the spark to ignite the mind into growth and the spirit into readiness to finish the long trip. Think of the CBR as an endless chain of hands, some pulling, some pushing, all a part of the whole. Learn, do, teach. It is our responsibility to leave our legacy for our children, so we take the time and teach our children well.

Traditionally, the head of a CBR family will see to it that an hour each evening is set aside for the teaching of a Key of Wisdom. They begin at the beginning and proceed through to the end, then begin again, repeating the process until the book is completed. No one is going to remember the story of the All after only one hearing, so repetition plus doing is the only answer. The mentor should also live the lessons, showing their students their effects upon reality. After all, seeing is believing. It must be shown that there is both a right way of looking at things and a right way to live. There is also a right way to think. It must also be shown that there is both action and reaction. How we react makes all the difference. The children must be shown that they are responsible for their own actions, and that they must pay a price for any wrong thinking or action on their parts. When the CBR lessons are correctly and fairly taught, both mentor and student will soon learn that the youngers shall follow the advice of the elders, and the elders shall show favor to the youngers. The circle shall not be broken.

## **THE SIXTH PRINCIPLE**

**ADEPTS SUPPORTS THEIR COMMUNITY.** Until the day when we can all live in and around our own CBR communities, we must do the best we can with the existing communities such as they are. However, we can make them more to our liking by gradually restructuring them a little at a time, and becoming involved in civic projects and processes. All adepts should take defensive politics seriously, for if we don't, someone else surely will. We are not suggesting that all adepts should run for office, however, being a trusted advisor to an elected official can bring satisfying results. Think of it like this: an adept builds his or her home base in a given community in hopes that he or she and their family will prosper and enjoy solid growth and benefit from such a lifestyle. If they do not become active in his community, they are in effect, leaving their fate up to other individuals who may not have their best interests at heart. Such inaction could easily result in oppressive taxation and untenable laws which might stifle any possibility of desired growth. It is a sad thing to one day wake up in a world in which you

can't live. Don't let it happen to you!

Start small and build a track record. Call up city hall and find out what is going on in your town. There should be any number of civic projects and community efforts in the brew. Pick out one of some importance and see what you can do to help it along. Do a top job and become known by your peers as a trustworthy and reliable asset. In other words, become established as one who knows. At the same time, find out who your elected officials are and ask for their office phone numbers and addresses. Open up a journal for each one of them and keep track of how they vote. Notice whether they are left, right, or in the middle. Then try to figure out their agenda. An agenda, by the way, is a plan to bring a specific goal into fruition. Now, once you figure out just what your officials are doing and where they are going, assess how their actions will affect you and yours. Once you know what you are talking about, begin writing them short, quick-to-read, but powerful letters. These letters might offer support if they are on your side or alternative possibilities if they are not. Perhaps you could be instrumental in changing their views.

The next step, of course, is to meet those officials, and over a period of time, gain their attention, confidence, and trust. Helping out at campaign time is an excellent way. At this point in time, an adept can have a profound effect upon their officials and their community. Of course, when your chosen officials aspire to higher office, you can go right along with them. Try to pick or even make winners who will support your values. Support them, but maintain contact with as many others as possible, for you may be able to influence them too. The trick is being in the right place at the right time.

"Things can be changed a little at a time without anyone even realizing that you have been at work."

### **THE SEVENTH PRINCIPLE**

**AN ADEPT GOES WITH HONOR.** We live in the Realm of Choices, and we consider ours well. Our intent is to bring wisdom and knowledge to mankind in hopes that they will grow tall enough to reach their greater selves and become well and whole. All that we do is for the benefit of ourselves, our fellows, and our communities. When we rewrite the script of life, we do it for the benefit of ourselves and where possible, mankind. When we remove (cull) a bad apple from the barrel, it is for the betterment of mankind, and when we improve the lot of our fellows, that too is for the benefit of mankind. Therefore we are an honorable people who are looked upon as pillars of our communities. Even if we are a bit different.

Our word is law. We assess a given situation, consider our options, assets and abilities, make our choices, and then follow through. A promise made is a promise kept. When a person asks us if we will do them a favor, we first find out what it is before we commit ourselves to their service, for we live our lives to owe nothing to anyone. The feasibility of anything we do must first be assessed and considered before we commit ourselves to it. Therefore, we would not make a deathbed promise before considering it, let alone promise to do an unknown action that might be against our principles. The reason our word is law is because we always take our word seriously.

Our intentions are honorable. We CBR addicts have strong backs and are not overly proud as we understand our place in the All. We stand upon the middle ground of the Realm of Choices where both right and wrong are possible, and we must choose our own direction and alignment with the Force. Moreover, we know from gained experience that intent is a powerful force in itself and must be controlled from start to finish or the results of our actions might be far different than expected. Therefore, we must focus upon honorable intent and constantly compare our daily actions to that perfect model. Consistency is the one true key to success, so we continually practice, applying the Three Ps in all we say and do, never allowing ourselves to slip across the line into dishonor and the darkness of stupidity.

We are to be trusted. It is this long range consistency that earns the trust of our fellows, as they know from experience that we will make the right choices and have the fortitude to carry them through to completion. We will not change sides in the middle of any fray or betray our fellows to an enemy spy. We do not ever attempt to be everyone's friend as that is not possible, and our strong suit is finishing jobs according to plan. That is why all adepts who practice the Seven Principles will continually grow in stature among mankind.

"Adepts plan their life, first one day, and then another. They also examine the various bits and pieces that make up the whole of their existence. They look ahead to what the future might hold, all the while figuring out how and when they can improve upon what the winds of fate have cast before them."

"Every time you break your word or fail a trust, you have lost a little of yourself. Lose enough of yourself, and you will dry up and blow away in the winds of time, forgotten, because you have never accomplished anything respectable or memorable. You will become the invisible man, and not trouble the memory of the human race."

## **CHILDREN OF THE BLACK ROSE, SCROLL #7**

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### **PUTTING IT ALL TOGETHER**

The time has come once again to pause and catch our breath. We have traveled a fair way up the path, and we must now reflect upon what we once were and what we have currently become. We must ask ourselves if we can see a difference and try to define just what it is that we have accomplished in these past weeks. More important, we need to assess how other people are now looking at us, and how their attitudes toward us have changed. True, our growth has been rather gradual, but the cumulative effect should be noticeable. We should be now perceived as persons of true substance whose opinions are valued, and we should be looked upon as one who knows. Our stature should have

increased, and it would be in no way presumptuous to suspect that we have accumulated a following of persons who wish to learn by observing us as our light shines a little bit brighter than most. This is as it should be, but with the knowledge comes the responsibility.

This is a time for smoothing off many of our rough edges and polishing our qualities and abilities until they shine like a well honed sword. Let us not only examine our strengths but also our weaknesses, for there is much to be gained by hard work. Regardless of what we have been told by other people, perfection is possible; it just takes practice and self discipline. What we can't accomplish today will be easy tomorrow thanks to the application of the Three Ps and our own determination. Besides, we should be feeling vague stirrings in the Force as it learns to recognize us as one of its own.

Let us now take time out and ask ourselves what lessons have been hardest for us to accomplish. We must be totally honest with ourselves, for as in the game of Solitaire, we can cheat no one but ourselves. Our hardest lessons, the ones that elude us or grant us only marginal success, graphically point out our weaknesses. We must now list our weaknesses in our journals and confront them toe to toe. We must see them for what they really are and assess their qualities, listing their difficult points one by one. We will then use the old divide and conquer strategy to overcome them, as conquering the fragments will bring us victory sooner than taking on the whole at once. That is why we have broken the Keys of Wisdom into many small lessons. However, there is no reason why the concepts of each lesson can't be broken down further into their component parts for ease of handling. Remember, we want all adepts to succeed and overcome their limitations. We also desire that they should become strong and focused in both their lives and their endeavors.

## **WELL BEING**

So far, we have concentrated upon the basics of perception, awareness, mind and character. Now, let us consider our physical bodies that actually tread the dust of the Earth. Often our adepts are so wrapped up in their mental and spiritual selves that they forget about their physical body and allow it to atrophy. We wish to point out that this is not a sound practice as the mobility The time has come once again to pause and catch our breath. We have traveled a fair way up the path, and we must now reflect upon what we once were and what we have currently become. We must ask ourselves if we can see a difference and try to define just what it is that we have accomplished in these past weeks. More important, we need to assess how other people are now looking at us, and how their attitudes toward us have changed. True, our growth has been rather gradual, but the cumulative effect should be noticeable. We should be now perceived as persons of true substance whose opinions are valued, and we should be looked upon as one who knows. Our stature should have increased, and it would be in no way presumptuous to suspect that we have accumulated a following of persons who wish to learn by observing us as our light shines a little bit brighter than most. This is as it should be, but with the knowledge comes the responsibility.

This is a time for smoothing off many of our rough edges and polishing our qualities and abilities until they shine like a well honed sword. Let us not only examine our strengths

but also our weaknesses, for there is much to be gained by hard work. Regardless of what we have been told by other people, perfection is possible; it just takes practice and self discipline. What we can't accomplish today will be easy tomorrow thanks to the application of the Three Ps and our own determination. Besides, we should be feeling vague stirrings in the Force as it learns to recognize us as one of its own.

Let us now take time out and ask ourselves what lessons have been hardest for us to accomplish. We must be totally honest with ourselves, for as in the game of Solitaire, we can cheat no one but ourselves. Our hardest lessons, the ones that elude us or grant us only marginal success, graphically point out our weaknesses. We must now list our weaknesses in our journals and confront them toe to toe. We must see them for what they really are and assess their qualities, listing their difficult points one by one. We will then use the old divide and conquer strategy to overcome them, as conquering the fragments will bring us victory sooner than taking on the whole at once. That is why we have broken the Keys of Wisdom into many small lessons. However, there is no reason why the concepts of each lesson can't be broken down further into their component parts for ease of handling. Remember, we want all adepts to succeed and overcome their limitations. We also desire that they should become strong and focused in both their lives and their endeavors.

### **CARE AND FEEDING**

We must care for our bodies by keeping them clean, feeding them properly, and fully exercising them on a daily basis. Cleaning is easily accomplished by the liberal application of soap and water. Soap is an emulsion made by rendering fat until clear, straining it through cloth, then adding a small amount of lye-water made from soaking wood ashes in water for several weeks. After the ashes settle to the bottom, the clear lye-water may be dipped off and a portion of it mixed with the rendered fat. The mixture is then cooked and stirred over a fire until an emulsion forms. This finished emulsion may then be poured into wooden molds to make bars. A warning here, too much lye will make the soap too strong, and it may irritate the skin. Aging will mellow the mixture, and the best soap should be aged for about a year. The purpose of soap is to cut and remove grease and grime from the body so the skin pores can breathe. Clean water is then used to rinse off the caustic soap film. After washing, a little oil or lotion is fine to soften the skin and hair. Also, brushing the teeth and gums often is also a right habit to acquire as leaving the natural scum on them will soon rot them causing great pain and loss. Just brush the ones you want to keep, being sure to clean between them. A piece of thin, strong string, dipped in wax is an excellent tool to clean between the teeth.

The choice of food a person eats is in some measure dictated by availability. However, when many choices are available, an adept will eat a variety of foods in order to intake proper amounts of vitamins, minerals, fats, sugars, starches, fiber and protein. The key thought here is the amounts. Humans tend to prefer large quantities of animal protein and fat because it tastes great and sticks to the ribs, staving off hunger for a longer time. Unfortunately, such practice will result in an early death preceded by protracted illness and disease. The reason is that humans are omnivorous, not carnivorous. Meat does not provide all the nutrients needed by the body, and the accelerated fat intake will eventually clog the arteries, shutting off the blood flow, causing an early demise. As always, balance

is important and an adept will calculate the ratio of animal products to plant fodder for best health. The proper ratio for a person doing hard physical labor is 30% protein which includes fats, against 70% carbohydrates which include grains, legumes, vegetables and fruits. Milk and its various products are counted as protein and fat. For a person doing light physical work, the ratio is 20% protein and fat against 80% carbohydrates and fruits. Refined white sugars, in any case, should average no more than 2% of any diet. Daily salt intake should be dictated by the ambient temperature, warmer climates, requiring more salt than cooler climates. About 2% or less is normal. 2% is less than one ounce per 3 pounds of total food. That is less than 10 pounds per year per person for a ratio of about fifty to one.

Not only what we eat but how we eat is also important. Our systems are not designed to consume large quantities of food at any one time, and doing so will work against us. Instead of eating large amounts of food at one sitting, an adept will eat no more than four mouthfuls of food at any given time. Four mouthfuls will vary in size and weight according to the size of the person in question. Each person should experiment to find the normal volume of his or her mouth and then multiply by four. This should amount to as little as six ounces to as much as twelve ounces. That breaks down to from one to four ounces of animal protein and fat against several ounces of plant fodder in one form or another. Once the correct volume is found, a person will know how much to eat at one sitting. Then, small bites should be taken and chewed slowly and well. Above all, one should not eat because it is time to eat, but should eat only when the body calls out to be fed. There is absolutely no reason to feed a body that is sated. However, depending upon conditions, various natural herbal and mineral supplements may be added to a person's daily diet to make up for poor quality food or lack of decent variety. Look out for concentrations of refined sugars in any food, as sugars may adversely affect the body chemistry. Remember, play the percentages to win.

Clean water to drink is also a must, and the average person should consume at least ten double handfuls a day, more if the weather is warm. Remember that salt is necessary in hot weather to help retain water in the system. Without it, a person can dehydrate and expire before they know what has happened to them. By the way, while traveling any distance by foot an adept would do well to make up a batch of easily consumable but well balanced dry food. This food is easily made by mixing the proper ratio of powdered dried meat and flour made of grains and perhaps legumes. Finely chopped dried fruit may also be added along with the correct ratio of salt, sugar and fat. This mix may be made into a paste or dough and then baked into a sort of thin cookie or hard tack. Pieces of these cookies can then be broken off and hydrated in the mouth as needed, and when added to what is found along the way, they will keep a traveler well fed for many days.

The next bodily need to consider is exercise. Bodies were meant to move about freely to promote blood flow and strong digestion. Muscles need to be stretched and pulled and trained in pairs and groups and the only way to do that is to use them. Even those who do hard physical labor need to do loosening up exercises to keep fit as often a person's work only requires use of certain muscles, leaving other pairs and groups unused. That is why workers complain of tiredness and soreness. They have created an imbalance in their structure.

Lifting heavy weights is not necessary as light ones will do nicely. Use just enough to train your muscles and keep them free. Never jar yourself about, but practice twisting and turning, reaching and pulling, pushing and stretching. Use the principle of many repetitions. Generally three groups of ten are enough. Aerobic exercise such as calisthenics and walking are adequate to balance out a session. By the way, a session should last at least twenty minutes.

Sedentary individuals who do mostly head work should plan three sessions a day, morning, noon, and evening to make up for the inactivity required by their work. Remember, it is do it now or suffer later. The idea is not to strain, but keep fit for top health. A daily regimen might include a session of calisthenics in the morning, a little light weight training after lunch, and a brisk walk before going to bed in the evening. There is no reason why these sessions couldn't be done as a group activity if desired, and the variety of a sport such basketball or volleyball will improve both mind and body by adding a little healthy competition to the mix. Here is wisdom: all adepts are responsible for their own actions, their own upkeep, and their own maintenance. After all, who else would be?

## **HERBAL METHODS**

There are times when no doctor is available or the services of one is withheld for political reasons. Therefore, all adepts should have a solid working knowledge of their local plants and herbs for the purpose of healing the sick and making it through one more day. Many adepts collect and stock many such herbs and potions and are known as healers. Why not acquire a book on the plant life in your area. Then, you will know what is safe to eat, what is poison, and what has healing properties. After all, you are supposed to be one who knows, right?

**METHODS** Here are the basic methods of extracting the useful elements from most plants. Be sure that you are using the correct plant and then the proper part of that plant. Beware, for both medicine and poison may be extracted from one plant. For example, most people can eat tomatoes, but the stems and green parts are a deadly poison. Know what you are doing before you do it!

**INFUSIONS** Herbal plant green parts and blossoms: for those herbs that are most potent when steeped into tea, simply follow this procedure: dissolve from one half to one ounce of the crushed or bruised herb in a pint of boiling water. Cover and allow to stand for 20 min. Strain and drink as directed. Often, sugar, honey, mint, anise, fennel, or other flavoring will improve or mask the taste.

**DECOCTIONS** Plant roots, wood, bark, and seeds: these must first be finely sliced, chopped, or ground then added to cold water in a non metallic pot. Then bring to boil for a few moments until salts and principles are extracted. Remove from heat and steep as tea. The ratio is generally about one half ounce plant matter to a pint of water.

**SYRUPS** Dissolve about three pounds of raw sugar in a pint of boiling water until syrup forms. Medicinal ingredients may then be added.

**POWDERS** Chop, cut, or dice plant matter as fine as possible, then dry and grind with a

mortar and pestle or between two rocks or other such implements until powdered. Powders may be ingested with water, juice, soup or milk. The usual dose is as much as can be picked up with the tip of a table knife.

**TINCTURES** Mix up a pint of 50% water and 50% grain alcohol, add about 4 ounces of plant matter and let stand for two weeks, shaking mixture twice a day. Then strain and pour tincture into a dark bottle suitable for storage. A tincture is usually diluted before use. Be sure of the strength of your alcohol before diluting. One hundred proof alcohol is already 50 percent water. A properly made tincture will last a long time, if kept tightly sealed and out of sun light.

**JUICES** Cut, chop, and mash plant matter, add a little water and mash some more. When reduced to a paste, place in a cloth and squeeze out the juice. Add a little water to the squeezed pulp and repeat process to get the last of the juice.

**COLD EXTRACTS** This process is the same as the juicing process, except, instead of squeezing out the juice, mix the pulp or paste with water and let stand for about 12 hours. This process is best for preserving the most volatile ingredients. When ready, strain into a clean jar and dose the same as tea.

**ESSENCES** When preserving the essential oil of certain plants, simply press out the oil and preserve in a pint of alcohol. This is important when the plants in question are only harvestable once a year. Dose as a tincture.

### **HERBS FOR EXTERNAL USE**

**POULTICES:** collect necessary plant matter and cut, chop, and mash into a paste. Heat the paste and place in a cloth, then place the poultice on the affected area. Add warm water to cloth to keep the poultice warm. If using an irritant such as a mustard plaster, be sure to rinse the area with water or chamomile tea to soothe the skin when poultice is removed.

**OINTMENTS:** add the processed plant essentials to petroleum jelly, fat, bees wax or lard. Add a drop to the ounce of tincture of benzoin as a preservative if a perishable fat is used. For example, a few drops of eucalyptus oil, peppermint oil, and a drop of capsicum in petroleum jelly makes a fine ointment for sore muscles.

**COLD COMPRESSES:** use either a cold decoction or an infusion mixture, then wet a towel until saturated. Ring out and then wrap or place the damp towel on or around the affected area and leave until body heat warms the towel. Then dampen the towel again or fan the air with it to cool it down and then reapply. Ice, if available may also be used.

**HOT COMPRESSES:** the opposite of a cold compresses. In this case soak the towel in a pot of warm infusion or decoction and apply to affected area. This is milder than a poultice or plaster. However, it is easier on the skin. Be careful not to get the towel so hot that it causes a scald.

**HERBAL BATH:** a full bath may be used to submerge the whole body which is useful for opening pores or to ease pain, itching, or inflammation. A half or sitzbath may be used

for bathing a selected area of the body. Heat a bath of water and prepare a concentrate of correct plant matter, enough to bring the bath water up to usable strength. This may require anywhere from a few ounces to several pounds of herbal matter. Add the herbal concentrate to the bath water and climb in. Both hot and cold baths are useful.

VAPOR INHALATION: generally volatile oils or essences are placed in a bowl of steaming, hot water. The patient should breathe the steam. A towel may be used over the head as a tent to capture more of the rising vapors. Eucalyptus oil and mints are great for this purpose.

"It is well to give your spiritual children much physical help."

### **A GREATER REALITY**

By now, if you have taken your Keys of Wisdom to heart and actively sought the Force, you should sense a change in it. You should notice that it is taking on a personality, and is interacting with you. This is as it should be, for it is joining you to your greater self as quickly as you will allow it, forming you into a whole, well, person who is rapidly learning who and what you are. The opposition fears this manifestation of The Force whom we call Lucifer as once we perceive it we are totally lost to them as we have the knowing and have no need for their mysticism and deceit. Actually, it is all very simple. You called attention to yourself, and the Force answered. It works like that.

### **THE IMPORTANCE OF BALANCE**

The Force is balancing your physical self with your greater self, and soon, there will be one of you instead of many of you. No longer will you be out of focus, one image here and another there. No longer will a war of forces rage in the same person. This is to show you the importance of balance which is the only acceptable condition. Balance never hurts one to help the other, and that is the beauty of the Force. When we are truly balanced, the sum of our whole is greater than the sum of our parts. Balance is the center line of all that is acceptable, and anything away from center is thus unbalanced and therefore aberrant. The Force is balanced and desires that all things else be balanced, and so it is that the Great and glorious, Old One which men call Lucifer and the Force are one. The important difference is the way in which adepts perceive and interact with this grand entity that is unique.

### **GETTING CLOSER TO THE FORCE**

It is important to remember that the CBR has always been in touch with Lucifer and has drawn its energy from Him since the beginning. We call this energy the Force. Now that you are solidly on the path, you will do the same. When you come upon a rough stretch of road, draw upon the Force. You do that by asking for help, and it is well to get into the habit early.

Now the CBR kids under formal circumstances, have often called Lucifer, Father Adonis Or Mother Sofia, the beautiful ones. They represented Beauty, Wisdom and Knowledge

and didn't upset the locals too much at least until a couple of thousand years ago when events got all out of hand. However, most of the kids still use a familiar name for Him under normal circumstances. Most just call Him Dad or Mom, though many call Him Grandfather or Grandmother. There are reasons for this, and you will learn them when the time is right. For now, if you would rather continue thinking of the Force as Lucifer or Satan or even the Devil, well, that's all right too. You can even call Him Mr. Scratch or Mr. Hobs or whatever suits your fancy. There is no right human name for the Force, it just is-- it's neither male nor female, dark nor light, good nor evil-- it just is. That is why it is such a mess of a mess to write coherent text concerning this entity. Me thinks that I'll stick to the Force from here out to save on ink.

Now that we know that the Force and Lucifer are one and we even have a name for Him/Her, it is time to access the CBR way of perceiving and interacting with our benefactor. There is only one way to do it: imagine a first rate parent who is always there for you, but yet doesn't try to control or limit you. Imagine a parent who allows you to grow and learn by your mistakes, yet will guide you through the roughest parts of life if you will only ask. Imagine a Parent who unlike all earthly parents can't run out of resources and never worries about what will happen next. In fact, imagine a parent who is balanced and acts in the best interest of the All. You are part of the All and therefore, Your parent will act accordingly. The Force flows freely to all who will receive it and causes the sun to shine and the rain to fall for all, even if they ignore It or fear or hate It. All have the same opportunity; it is, however, the manner in which that opportunity is accepted and the direction in which it is steered that makes all the difference in the world.

At this point, it would be well for all adepts to clear their minds of any preconceived notions about Lucifer and the All of which each one of you are a part, and start seeing clearly for the first time in your lives. Remember, this book is intended to make whole, well persons of all those who will take its content to heart. That is why so many experienced adepts have devoted so much effort to help you learn to see, clear your minds, adjust your attitudes, and remove your limitations and guilt from past mistakes. The intent was to wipe your slate clean and allow you to make a new start from solid ground. It is something like getting out of debt. Imagine how a person who has been in debt for most of their life would feel inside if they could very readily find a way to pay off all of their balances and at last be free to choose and go and do for the first time in their remembrance.

They would be as a child again, experiencing all things new and wonderful. The colors would appear brighter, the scents more fragrant, and the food tastier! Veils of brown-stained burial cloth would be stripped away from their bodies, and they would be free to enjoy the All to the fullest in their Summer- Land beyond time. Why, this is not pie in the sky at all, as adepts do not have to experience death to reach their summer-land. You see, for CBR kids, there is no mystery at all, for a little part of the Force lives within each of them, and when it is excited all things are possible. Crossing over the wide river Styx to the heavenly realms is the norm rather than the exception. What is it like on the other side? Well like we said, it is like being a child again, free to explore and grow. Some experience standing on a wide, grassy seaside cliff, looking out over the water and thinking of what lies upon the far shores. The sunlight warm on their backs and the sea

breeze filling their nostrils with the pungent scents of flowers and spices from far away places. Others feel the warm sands of their own personal tropical island where coconut palms and pineapples grow in great profusion. There, monkeys chatter from the verdant jungle, and misty waterfalls cascade over ancient cliffs. Still others find themselves by a quiet stream on the shore of a grassy glade within a vast, green forest of fruit, oak and ash. They bask in the warm air, surrounded by a multitude of friendly animals who come to visit, bearing gifts of fruits, nuts and berries. Some just live in the open, some choose a simple tent to sleep in, while others roam the halls of vast castles placed there for their pleasure.

It isn't long until they begin planting their own vegetable and herb gardens, setting up housekeeping in their own paradise. Each adept's "Safe Harbor", heaven or special place is just right, according to their own desires and needs. Each has a place of comfort of their very own, and through the years, they furnish it with anything that makes them happy. Of course, Lucifer takes great pleasure in anticipating the needs of His children, so often, a new gift appears to surprise and delight His offspring. Oh there is more, much more, but if you travel the CBR path, you'll find out for yourself. In any case, never fear, there is an eternal place in the All for each and every brother and sister that is his or her true and proper inheritance, according to the desires of his or her heart. It is just the right place and just the right size, custom fit in every detail, for it is a special place, a Safe Harbor, and a joy to behold. As to the whereabouts of each adept's special place, we can only say that its address may be found somewhere along the Astral. The keys, of course, will be presented by your conception of the Force when the time is right. Just let it come to you.

"All the children of Lucifer  
have their own "Safe Harbor"  
in the Astral. The CBR folks just get theirs  
a little sooner, that's all..."